THE WELCOME MAGAZINE

milan.welcomemagazine.it

# and Lombardy

**OCTOBER 2023 #156** 



# EXPLORING ICONIC ARCHITECTURES

ALL YOU CAN DO IN THE CIT

**EVENTS | SIGHTSEEING |** MUSEUMS | ENTERTAINMENT **SHOPPING | DINING | MAPS** 

**DON'T MISS** THE MUSICAL OF THE SEASON THE PHANTOM OF THE OPERA

11-22 OCTOBER • TAM EATRO ARCIMBOLDI MILANO

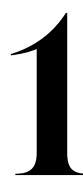


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# Milan October 2023



**Beppe Sala** Mayor of Milan

I am glad to welcome you in Milan.

No matter whether you are in our city for business or on holiday, whether you are staying for just one day or decide to spend a week. From the most representative places - such as **Duomo**, **Galleria**Vittorio Emanuele II, Teatro alla Scala - to those that show the modern face of the city - such as

Porta Nuova or CityLife -, from Darsena to the many city museums, from the street art works that color our neighborhoods to the most fashionable and niche clubs, Milan will conquer you. You will fall in love with its **26 centuries of history**, its being traditional, international and open to innovation at the same time, I am sure.

**Beppe Sala** 



**Lara Magoni** Undersecretary with responsibility for Sports and Youth Regione Lombardia

Lombardy is a region that presents a **perfect mix of nature**, **history**, **art**, **culture with innovation and technology**. It offers a passion and authenticity you will seldom see elsewhere: there are countless things to do here. For example, in **Milan** you can spend your time in wonderful and breathtaking places such as the **Castello Sforzesco**, the monumental **Duomo** or **La Scala** theatre. But you can find cultural beauties also in the provinces visiting palazzos, archaeological parks, castles, and villas: pieces that make up the puzzle in a rare cultural landscape.

Lombardy is also a perfect destination for those who love **mountain holidays** in front the amazing scenery of the Alps and I am sure that with many activities on offer, finding what to do will certainly be easy. Moreover, we must not forget our four great lakes and the countless smaller ones where you can spend pleasant vacations or just a weekend. Exploring the territory through its extraordinary flavours is another way to come face to face with the local identity, Lombardy is full of restaurants and cellars hiding some of the delicious local gastronomy you can also discover the varied regional cuisine experiencing the wonder of hundreds of events and festivals around the region. You will discover unexpected corners, choose an itinerary full of unique experiences and Lombardy will surprise you!

Lara Magoni



### milan.welcomemagazine.it

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#### COVER IMAGE

The UniCredit Tower from piazza Gae Aulenti (Porta Nuova District). © fietzfotos/pixabay.com

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# Milan October 2023



**Andrea Jarach** *Publisher*Welcome
Smart Network

"I am **Andrea Jarach, publisher of the Welcome Magazines**, periodicals that we have been publishing for 13 years for international visitors in some of the most important cities for tourism in Italy.

Welcome Magazine is here to accompany visitors in their discovery of Italy's attractions. As you can see in the following pages, the Welcome Magazine offers useful information **about events**, **shopping**, **food and wine**, everything that can interest the visitor answering the question: "what can I do, what can I discover during my stay?".

Our aim is to create memorable experiences of the visit, also by linking together the different opportunities offered by the area. Our mission is to provide **essential tourist information** for the benefit of visitors who choose wonderful Italy as their destination.

You will find the Welcome Magazines in the approximately **500 luxury hotels belonging to the Welcome Magazine circuit in Italy.** You can therefore use the **traditional paper editions**, but don't miss the chance to browse through the pages of the **digital editions** also on your computers and smartphones.

And for all of you who love shopping and have a **non-EU passport**: since October 2022, **Welcome Smart Network has become a partner of Global Blue**, the leading service company for obtaining **tax refunds**. Keep an eye on our pages and our website **www.welcomemagazine.it** to enjoy the important benefits offered by Global Blue.

Welcome to Italy, discover and enjoy!"

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THROUGH MILAN

Milan has always something new to reveal, including key shopping streets, fabulous hideaways in the city and sought-after products.

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17 restaurants offering a triumph of flavours aromas and untold creativity.

### WELCOME TO LOMBARDY

The Lombardy region is one of the richest in attractions in Italy offering countless destinations for day trips from Milan.
Discover and enjoy our seasonal tips on pages 22-25.

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Celebrating one year, the Luigi Rovati Foundation's cultural and exhibition center is a prestigious art jewel in town.

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Information and tips to get around the city and to experience the best that Milan has to offer.

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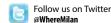
### STAY IN TOUCH



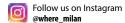














# The world's best brands, the world's best prices

Discover more than 120 boutiques, awe-inspiring art, exquisite eateries and five-star guest services, just an hour from Milan. Enjoy up to 70% off\* newly arrived autumn collections from Armani, BOSS, Coach, ETRO, Marni, Missoni, Sergio Rossi, Stella McCartney, The North Face, Vivienne Westwood and many more.

Visiting from outside the EU? You can now claim instant tax refunds at the Village's Concierge.



Scan to enjoy complimentary luxury coach tickets, an additional 10% saving<sup>†</sup> and more!







# **Top in Town**









### DUOMO 1



Among one of the most important Gothic buildings in the world, the church constructed over a period of 450 years is the symbol of Milan. To experience the Duomo at its most majestic you must ascend to the roof.

### GALLERIA VITTORIO EMANUELE II 2



Sometimes known as "the living-room of the Milanese", this elegant, four-storey arcade, housing luxury cafés and famous designer shops, is covered by a glass barrel vault and a beautiful glass cupola.

### CASTELLO SFORZESCO 3



The ancient seat of the ruling Visconti, it was later rebuilt by Francesco Sforza and is now simply known by the Milanese as "Il Castello". It houses a number of interesting museums

and libraries. Its park is a favourite with old and young alike.

### CENACOLO VINCIANO 4



One of the most famous attractions in the world, "The Last Supper" by Leonardo da Vinci is a 15th century large mural painting representing the scene of the last supper of Jesus narrated in the Gospel. This fragile masterpiece was painted by Leonardo using a technique that was chemically imperfect and by the early 16th century it has started to flake and decay, resulting in numerous restorations.

### PALAZZO REALE 5



Formerly the residence of all those who governed Milan, from Napoleon to the Royal House of Savoy, the Royal Palace is currently

one of the most important cultural centres in the city, hosting exhibitions of international renown. Near the Duomo, it's the perfect place to escape the crowds of the Duomo's square.

### PIAZZA SCALA 6

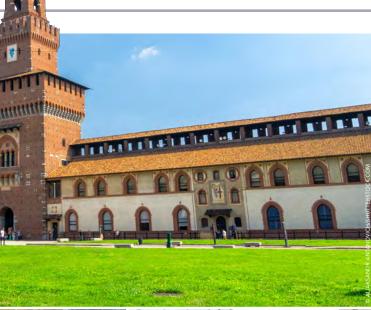


The perfect location for the Gallerie d'Italia Museum and the opera house Teatro alla Scala. In the center of the square is the monument dedicated to Leonardo da Vinci.

### MONTENAPOLEONE DISTRICT 7



Milan is known as one of the shopping capitals of the world and via Montenapoleone, together with the Golden Quad, is entirely given over to luxury shopping. Here the most important fashion designers offer their creations.







### BRERA DISTRICT 8



This is an artsy neighbourhood which really comes to life at night. The Pinacoteca di Brera is one of the most important museums in Milan. Its permanent collections offer a wealth of exceptionally good Italian and foreign masterpieces.

### AMBROSIANA 9



The Picture Gallery contains several exquisite works of art from the 15th through 17th centuries. The Biblioteca Federiciana has on show Leonardo's Codex Atlanticus. the Pinacoteca is exhibiting the preparatory Cartoon for The 'School of Athens', one of the best-known paintings by Raphael.

### NAVIGLI 100

The Navigli are artificial canals built 800 years

ago to ferry people and merchandise to Milan. This network was perfected in 1457 by Leonardo da Vinci. Today, the area is bursting with trendy dining and nightlife spots.

### SAN SIRO STADIUM 11



With a capacity of 80,000 seats, it is the largest stadium in Italy and the 4th in Europe.

### SANT'AMBROGIO 12



One of the most ancient churches in Milan, it was built in 379-386 A.D., in an area where martyrs had been buried.

### PORTA NUOVA DISTRICT 13



A vibrant, futuristic district overlooking two neighbourhoods: the Garibaldi and Isola districts. The heart of the area is the large

raised square dedicated to architect and designer Gae Aulenti. Just a little further on you will encounter the Bosco Verticale with the new Biblioteca degli Alberi.

### TRIENNALE MILANO 14



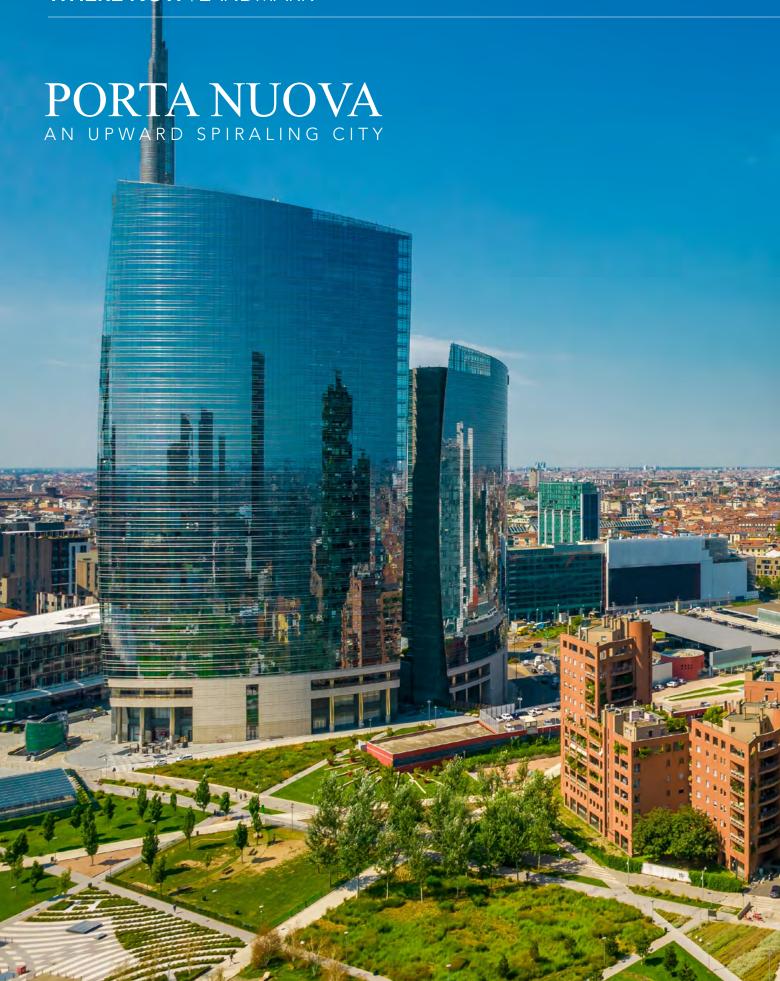
Since 1923 this is an international institution which organises exhibitions and events about arts, designs, architecture, fashion, cinema, photography and theatre. The Store offers visitors the widest assortment of novelty of the leading Italian and foreign publishing about architecture, design, fashion, and visual arts.

### CIMITERO MONUMENTALE (15)



SEE MAF **PAGE 46** 

A real outdoor museum catering, on the one hand to the whims of the elite of Milan's society, and on the other to works of art by famous sculptors of various eras.







DISCOVER KNITWEAR COLLECTIONS

IN STORE, ONLINE & ON DEMAND

### RINASCENTE

FLORENCE PIAZZA DELLA REPUBBLICA

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\*\*Tax free. Tax free: If you are resident in an Extra-EU country and you have spent at least 154.94 euros in the same day, you are entitled to a refund of 12% on the total amout of your purchase.



Advertorial

# Rinascente, one-stop shop in central Milan



Rinascente is a prestigious collection of department stores founded in 1865, offering the best in fashion, accessories, beauty, home, design and food with more than 3,600 international and Italian high-brands.

Located just a few steps away from the Duomo, Milan's flagship store is one of the most important hubs in the world, combining design, art, technology, fashion and history, and has been a landmark in the city for over 150 years. With its elegant and contemporary atmosphere, on its ten floors it is possible to discover a true house of brands ranging from fashion to jewellery to accessories, from beauty to gourmet to the most exclusive design. The store's must-sees are the **Design Supermarket**, on floor -1; on the seventh floor, the Food Market and the Food Hall restaurants, from whose terraces you can admire the spires of the Duomo; ANNEX, the destination point designed for Millennials and Gen Z, where you can explore the cosmetics of

the moment with the Beauty Bar and its services. In 2016, Rinascente Milano

was named Best Department Store in the World by IGDS.

### Rinascente

Piazza del Duomo Via Santa Radegonda, 10 Via San Raffaele Metro Duomo M1-M3 – San Babila M1 Parking: Via Agnello, 13 www.rinascente.it



ITALIAN EXCELLENCE, MILANESE ELEGANCE - The brand mix is characterised by a sophisticated Milanese style, a refined expression of made-in-Italy. The sartorial language is reinterpreted for everyday life in a fresh, comfortable, casual key suitable for every occasion. Luxury products and traditional craftsmanship, in a perfect balance between established and research brands.

### WELCOME | WHAT TO DO







PALAZZO REALE, UNTIL 21 JANUARY 2024

### **▲ VISUAL SYMPHONIES**

**PHOTOGRAPHY** Through **65 large-scale photographs, Jimmy Nelson**'s exhibition at the Palazzo Reale documents the author's creative evolution. A photographer who has spent his life traveling the world and photographing some of the **indigenous cultures** most at risk of disappearing, chronicling the traditional customs and traditions that have been preserved in an increasingly globalized planet and bringing out their emotions as well.

One of the typical expressive figures in his work is **portraits**. In his long stays in the most remote parts of the earth, Jimmy Nelson establishes a deep connection with the people who live there, paying meticulous **attention to the cultural characteristics** of the communities he portrays, emphasizing the uniqueness and beauty of each.

### Jimmy Nelson: Humanity

Palazzo Reale. Piazza del Duomo, 12. www.palazzorealemilano.it

Two exemplary shots by Jimmy Nelson that capture the very unique aesthetics of indigenous peoples and the beauty of the landscape.

Top: Marquesans, Hakahau, Mount Oave, Ua Pou. The Marquesans Island, French Polynesia (2016). © Jimmy Nelson B.V. Above: Himba, Hartmann Valley Serra Cafema. Namibia (2011) © Jimmy Nelson B.V.

### PALAZZO REALE-TRIENNALE MILANO, 13 OCTOBER - UNTIL FEBRUARY 2024

### URBAN ARCHITECTURES

**PHOTOGRAPHY** Ten years after his death, Milan is dedicating an extensive exhibition to Gabriele Basilico (1944-2013) that takes place in two exhibition venues -Palazzo Reale and Triennale Milano – and represents the first major tribute that the city where Basilico was born and lived pays to the photographer and his cosmopolitan gaze. The exhibition offers a total of more than 500 works, starting from the crossing of Milan, at the Triennale, to look at and arrive at the World, at the Palazzo Reale. The exhibition presents, for the first time in an organic and complete way, the documentation work Basilico has done on his own city over the course of nearly 40 years, recounting the architecture, building fabric, monuments, urban development and transformations of Milan and its metropolitan area.

■ The Sala delle Cariatidi at Palazzo Reale will display 100 photographs of more than 40 cities taken on prestigious international assignments, including Shanghai, Rio de Janeiro, San Francisco, Moscow, London, Paris, Istanbul, Tel Aviv, Boston, Liverpool, Rome, Berlin, Lisbon, Valencia, Jerusalem, Beirut, Amman, Monte Carlo, Hong Kong and others. Cities and metropolises of the world that make up a **forest of visions** that the viewer discovers as if lost inside a film.

#### Gabriele Basilico. Le mie città

Palazzo Reale – until 11 February 2024 Triennale Milano – until 7 January 2024 Viale dell'Innovazione, 20 www.palazzorealemilano.it- www.triennale.org



Gabriele Basilico, Tel Aviv (2006). © Gabriele Basilico/Archivio Gabriele Basilico on show at

# **DISCOVER AND ENJOY**

Whether it's discovering the events celebrating Italian traditions, art and music or visiting an exhibition, we bring you this month's unmissable dates.





TEATRO ARCIMBOLDI, 28-30 OCTOBER

### **■ INTERNATIONAL GALA DANCE IS BACK**

**DANCE** The "Roberto Bolle and Friends" Galas represent an unmissable opportunity to see Étoile Roberto Bolle on the same stage with international dance stars, a real journey through the beauty and magic of this art form. Roberto Bolle, the absolute star of dance, of these Galas is not only performer but also **Artistic Director**. Alongside him the world's leading dancers to deliver an amazing program.

**Roberto Bolle and Friends** TAM Teatro Arcimboldi Milano Viale dell'Innovazione, 20

### **WELCOME** | WHAT TO DO



MUSEO DIOCESANO, UNTIL 15 OCTOBER

### **▲ POETRY OF A HUMANIST**

**PHOTOGRAPHY** A major retrospective on the **French master** Robert Doisneau, one of the most important photographers of the 20th century, through **more than 130 images** from the collection of the **Atelier Robert Doisneau**. Starting with one of the world's bestknown photographs – the shot of a kiss of a young couple indifferent to the crowds of passers-by and the traffic on the Place de l'Hôtel de Ville in Paris (*see photo*) – the exhibition explores the work of the famous photographer who, together with Henri Cartier-Bresson, is considered one of the founding fathers of French **humanist photography and street photojournalism**.

### **ROBERT DOISNEAU**

Robert Doisneau, Le baiser de l'Hôtel de Ville, Paris 1950 © Robert Doisneau

Museo Diocesano "Carlo Maria Martini" Piazza Sant'Eustorgio, 3 - www.chiostrisanteustorgio.it

### SEVERAL LOCATIONS, 12 OCTOBER-5 NOVEMBER

### **▼ MILAN CAPITAL OF JAZZ**

MUSIC JazzMi, one of the most awaited events connected to the world of music, returns to Milan for its eighth edition to pay tribute to the universe of jazz in all its facets. This is a contemporary festival inspired by the model of multicultural and widespread European festivals, involving great artists from the Italian and international music scene and new jazz stars. The program includes over two hundred concerts in theaters and clubs, with special events, films, exhibitions, meetings with artists, and more. JazzMi 2023 is relaunching and doubling: this year there are twenty-five days of programming and over **one hundred concerts** scheduled. Among the legendary names of artists expected in Milan: Gilberto Gil, Marcus Miller, Cory henry, Paolo Fresu & Omar Sosa, Binker Golding, Oscar Jerome, Fabrizio Bosso Quartet, Lucas Santtana & The Solar Band, Ben Lamar Gay Ensemble, Immanuel Wilkins Ouartet.

JazzMi 2023 Several locations iazzmi.it

AST DAYS



### CHINESE GOLDEN WEEK 1-7 OCTOBER

The National Golden Week holiday, one of the most famous official holidays in Chinese tradition after Chinese New Year and the Spring Festival, begins on October 1. That date marks the anniversary of the founding of the People's Republic of China, enshrined in 1949 by Mao Zedong.

Today, this day provides an opportunity to combine six more days off so that workers can enjoy **seven consecutive days of rest**. Golden Week is so called in reference to the **gold and business** expected during the vacation period – a week of all kinds of events taking place throughout China.

The period is also auspicious for embarking on **travel**, which records movements of millions of people, no longer just within the country. It is during this period that by now many European cities, such as Milan, are preparing to **welcome eastern visitors**, with proposals adapted to the tastes of new international guests.





# "A TIMELESS PHENOMENON THAT'S ONE-IN-A-MILLION" Guardian

ANDREW LLOYD WEBBER'S

# THE PHANTONION OF THE OPERA



The show will be in English with no subtitles.

# TEATRO ARCIMBOLDI MILANO 11 - 22 OCTOBER 2023









### WELCOME | WHAT TO DO

© Dmitry Kokh, Wildlife Photographer of the Year



The images portray rare animals in their habitat, unusual behaviour and landscapes, and offer powerful examples on the beauty of nature but also its fragility to be preserved. Images are presented for the first time on large-scale light panels that bring them 'alive' and make them an even more immersive spectacle of nature.

### SUPERSTUDIO PIÙ, UNTIL 31 DECEMBER

### **■ NATURE'S STUNNING**STORIES

PHOTOGRAPHY Milan hosts, once again, a beautiful collection of works resulting from one of the most important photo contests in the world: the Wildlife Photographer of the Year. Now on its 58th edition, the photo exhibition can be admired at the new Hangar 21 location in via Tortona (inside the Superstudiopiù). This is the **eleventh** edition in the Lombard capital, organised by the cultural association Radicediunopercento, under the patronage of the Municipality of Milan. The 100 prize-winning images on display have been selected from the 58th edition of the photography competition organised by the Natural History Museum in London, which saw the participation of 40,000 shots from 93 countries, taken by professional and amateur photographers.

**58th Wildlife Photographer of the Year**Superstudio Più. Hangar 21
Via Tortona, 27
www.radicediunopercento.it

### TEATRO ARCIMBOLDI, 11-22 OCTOBER

### **▼ BETWEEN HISTORY AND LEGEND**

**SHOW** Big Milan debut for "The Phantom of the Opera", **Andrew Lloyd Webber's masterpiece**, which will be staged at the Arcimboldi with an exceptional cast featuring **Ramin Karimloo**, among the world's most esteemed musical performers, as the Phantom and Italian-American soprano **Amelia Milo** as the female lead **Christine Daaé**. This is a **milestone in the history of the international musical** that has been seen, since its debut in London in 1986, by more than 145 million people, in 183 cities and 17 languages, as well as having received more than 70 major theater awards, including seven Tony Awards and four Olivier Awards.

### The Phantom of the Opera

TAM Teatro Arcimboldi Milano. Viale dell'Innovazione, 20. www.teatroarcimboldi.it





SEVERAL LOCATIONS, 7-15 OCTOBER

### **A FOR WINE LOVERS**

**FESTIVAL** Back for the **sixth edition** in Milan, the **Milano Wine Week** boasts **9 days** of unprecedented formats and innovative experiences gathered in a program dedicated to an audience of consumers – and the companies involved – to create their own tailor-made experience, choosing from **hundreds of unique and surprising activities**. This is what Milan Wine Week 2023 offers: **masterclasses** led by the greatest experts in the field; **conversations around the table** with the person who produced the wine you have in your glass; **candlelight concerts** while sipping the right wine; **tours around Milan**, discovering the Wine Districts that transform the city's best-known neighborhoods into wine territories, even aboard a doubledecker-bistro or on the Wine Boat along the Navigli; and finally, bookstore appointments, **tastings in local venues**, thematic menus and much more.

### Milano Wine Week 2023

Several locations. milanowineweek.com







# enter the mind rience of the genius stime

travel back in time and experience the Last Supper as it was in Leonardo da Vinci's time

### Leonardo3 Museum Milan, Piazza della Scala at the Galleria entrance

OPENING HOURS

9:30 am-8:00 pm on weekdays 9:30 am-9:00 pm on weekends & holidays

**AUDIO GUIDE** 

Chinese, English, French, German, Italian, Portuguese, Russian and Spanish











leonardo3\_museum



### WELCOME | WHAT TO DO

SEVERAL LOCATIONS, 17-22 OCTOBER

### ► THE FASCINATING WORLD OF INTERNATIONAL JEWELLERY

FAIR Milano Jewelry Week celebrates the history, tradition and innovation of the world of jewellery. The event involves those working in the sector and at the same time brings jewellery closer to the vast public of the curious and enthusiasts. About 200 events will animate in the centre of Milan high jewellery ateliers, goldsmith workshops, academies, schools, art galleries, fashion boutiques and design showrooms. More than

750 exhibitors from 40 different countries, 150 events, 80 locations and 60,000 visitors for more than 8,000 pieces of jewellery on display: these are the incredible numbers of the previous edition of a kermesse that invaded the city, through collective and personal exhibitions, exhibitions of international galleries and schools, workshops, performances, temporary shops and award evenings.

Besides displaying beautiful creations, the event also focuses on clusters such as the importance of recycle, sustainability as well as the choice of materials and manufacturing techniques.

Milano Jewelry Week Several locations

www.milanojewelryweek.com









### TRIENNALE MILANO

### ■ A TRIBUTE TO ITALIAN DESIGN

**NEW RELEASE** On the occasion of the **100th anniversary of** Triennale Milano, the Museo del Design Italiano, directed by Marco Sammicheli, presents itself in a renewed guise with a new selection of objects and a new layout, designed by Paolo Giacomazzi Design Studio. The Museum of Italian Design traverses the 100-year history of the Triennale with an itinerary that starts from the foundation of the institution in 1923 and arrives at the present day.

Located as before in the Curva - over 1,300 square metres on the ground floor of the Palazzo dell'Arte - the Museum brings together over 300 pieces chosen from among the 1,600 that make up the institution's collections and others on loan from important private collections.

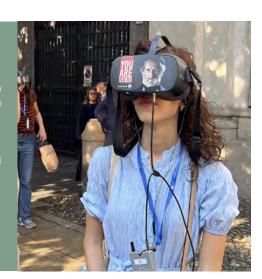
Museo del Design Italiano Triennale Milano. Viale Alemagna, 6. triennale.org

### **► YOU ARE VERDI, AN IMMERSIVE EXPERIENCE**

VIRTUAL REALITY There is a new virtual journey through time and space in Milan designed to tell and make visitors experience the story of **Giuseppe Verdi** firsthand. An exciting new project dedicated to **Italy's best-known and most popular composer** to whom the Teatro alla Scala will pay tribute for the opening of the new season with the

Reality technology and faithful philological reconstructions of Milan at the time, and immersed in the history of the Risorgimento thanks to the musician's most famous

The physical route winds through the **center of Milan** to discover Verdi's places that De Milan, to Manzoni's house and Piazza San Fedele



7 December Premiere of "Don Carlo"

### **ANNUAL EVENTS IN ITALY**

Find the next year calendar on milan.welcomemagazine.it



















### **OCTOBER**

International Alba White Truffle Fair (93rd edition). www.fieradeltartufo.org 13-22/10 | Perugia (Umbria) | Eurochocolate

7/10-3/12 | Alba (Piedmont) |

(International Chocolate Exhibition). eurochocolate.com

### **NOVEMBER**

1-5/11 | Turin | Paratissima (19th edition). www.paratissima.it 2-5/11 | Verona | Fieracavalli (125th edition) www.fieracavalli.it

3-5/11 | Turin | Artissima (30th edition). www.artissima.art

7-12/11 | Milan | EICMA. International Motorcycle and Accessories Exhibition. www.eicma.it

15-19/11 | Milan | BookCity Milano. bookcitymilano.it

17-25/11 | Venice | Teatro La Fenice -Opening of the Opera and Ballet season www.teatrolafenice.it

21/11 | Venice | Festa della Salute. venice.welcomemagazine.it

#### **DECEMBER**

2-10/12 | Milan | Artigiano in Fiera. www.artigianoinfiera.it **7/10** | Milan | Oh Bej! Oh Bej! – Traditional street market milan.welcomemagazine.it 7/12 | Milan | Teatro alla Scala -Opening of the Opera Season. www.teatroallascala.org

### 2024

### **JANUARY**

1/1 | Rome | Rome Parade. romeparade.com 9-12/1 | Florence | Pitti Immagine Uomo. uomo.pittimmagine.com

12-16/1 | Milan | Milano Fashion Week Men's. www.cameramoda.it

27/1-13/2 | Venice | Carnevale di Venezia. carnevale.venezia.it

### **FEBRUARY**

3-24/2 | Viareggio (Tuscany) | Carnevale di Viareggio. viareggio.ilcarnevale.it 4-6/2 | Milan | BIT Borsa Internazionale del Turismo. bit.fieramilano.it 18-21/2 | Milan | MICAM Milano.

20-26/2 | Milan | Milano Fashion Week Women's. www.cameramoda.it

### **MARCH**

17/3 | Rome |

themicam.com

Run Rome The Marathon. runromethemarathon.com 23-24/3 | Several locations in Italy | FAI Fondo per l'Ambiente Italiano Spring Days. fondoambiente.it

### WELCOME | WHAT TO DO



PALAZZO REALE, AUTUMN 2023-SPRING 2024

### ■ MILAN CELEBRATES EL GRECO AND GOYA

**EXHIBITIONS** The exhibition about Cretan **painter El Greco** and his work tells of the perspective provided by the environment of the Mediterranean cities where he worked. A particular look will be reserved for the Italian period of the artist: between Rome and Venice, El Greco learns the lessons of the great Italian masters and his art changes completely. The extensive and unprecedented exhibition project, for the first time in Milan, presents more than 40 works by El Greco and boasts prestigious international loans - a unique opportunity to discover the artist's work in light of the latest research on his work. A series of close comparisons with the great Roman and Venetian painting brings out the powerful theme of the labyrinth, underscoring how El Greco's life was been a kind of immense coming-of-age novel set among the cultural capitals of the Mediterranean.

■ The works on display in the exhibition dedicated to Francisco Goya describe the artistic evolution of the great 19th century painter. The artist did not merely represent this turbulent era: he himself experienced a revolution in painting in tune with the historical complexity he was experiencing, a change he expressed through images. Through the seven thematic sections of the exhibition, it will be possible to discover how the artist was able to transform painting into a revolutionary language capable of breaking both with established plastic rules and systems and with the imitation of models.

El Greco: 11 October-11 February 2024 Goya. La Ribellione della Ragione: 31 October-3 March 2024 Palazzo Reale. Piazza del Duomo, 12 www.palazzorealemilano.it

FABBRICA DEL VAPORE, UNTIL 19 NOVEMBER

### SALGADO NARRATES THE AMAZON

PHOTOGRAPHY Sebastiao Salgado travelled through the Amazon rainforest for six years, photographing the forest, the rivers, the mountains and the **people living** in the small human settlements in the heart of the jungle. This exhibition offers a photographer. A total immersion that is completed by a soundscape created by Jean-Michel Jarre that dialogues with the more than 200 works on display. Drawing attention to the breathtaking beauty of this region and the fragility of its ecosystem, oicted in high-contrast two-tone shots, Salgado invites us to reflect on the ecological

### Sebastião Salgado. Amazônia

Fabbrica del Vapore. Via Procaccini, 4. salgadoamazonia.it





indigeno di Kampa do Rio Amônea, Stato di Acre, Brasile, 2016 ©

Negro. Stato di Amazonas, Brasile, 2019 © Sebastião Salgado/Contrasto

# OUT OF TOWN

Milan is a mixture of art, culture, shopping and lifestyle and its outlying areas are equally attractive. Discover our pick of these fabulous destinations for an unmissable out of town trip.

Our tour begins on the outskirts of Milan at the 17th-century Villa Arconati 1 (www. villaarconati.it). Known also as 'the small Versailles of Lombardy', it is set within the vast green spaces of the Groane Park in Bollate. This is a splendid example of Lombardy Baroque architecture, and visitors are welcomed in its frescoed rooms, while summer evenings are jazzed up with a series of concerts and events in its magnificent gardens. We recommend a visit to the Villa Visconti Borromeo Litta 2 (www.villalittalainate.it) which is just a short distance away in Lainate. This neo-classical jewel of architecture is surrounded by a lovely park that earned the title of the 'Most Beautiful Historical Park in Italy' in 2016. The Villa is renowned for its Nyphaeum and spectacular water features. A mixture of sacred and profane, the Metropolitan City area is interspersed with numerous abbeys. In fact, there are somany that there is even a Road of Abbeys (www.stradadelleabbazie. it).



Abbey of Chiaravalle ③,
dominated by an imposing,
richly frescoed 14th-century bell
tower, and continues onwards to
the Abbey of Viboldone ④, one the most
beautiful medieval complexes in Lombardy,
until we reach Mirasole ⑤, a 13th-century
monastery which, with its numerous moats,
resembles a fortress. After travelling for a few
more kilometers, in a southwesterly direction,
we come to the Abbey of Morimondo ⑥,
a former Cistercian monastery renovated in

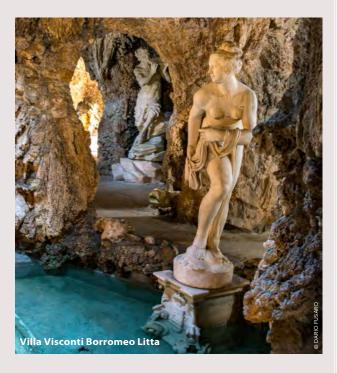
Gothic style.

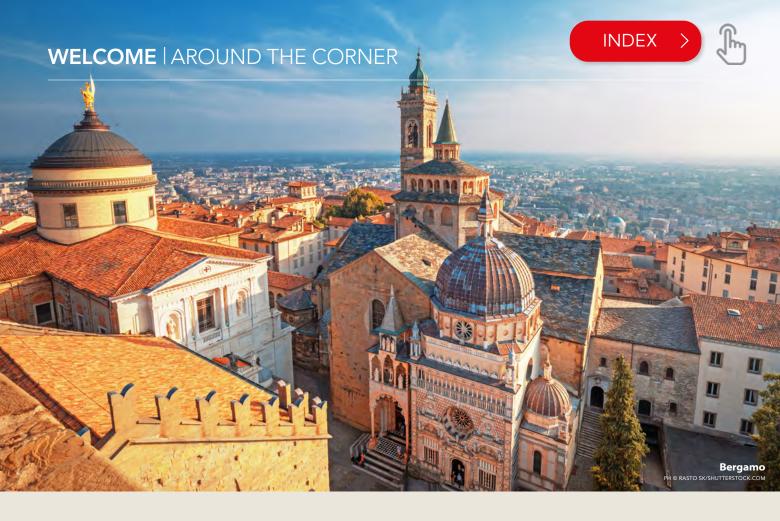
The area housing the abbeys is also the heart of the large Parco Agricolo Sud Milano (www.parcoagricolosudmilano.it). The Park boasts a rich historic and agricultural heritage and comprises old farmsteads, waterways and important residential complexes, including Gaggiano 7, which, with its small, pastel-coloured houses nestling on both banks of the Naviglio Grande, is well worth a visit.

This charming hamlet can be accessed from the city via a scenic bicycle track skirting the canal. The Naviglio Martesana 8 also offers views of rare beauty as it flows towards the Adda river. Rural centres are interspersed with expanses of greenery (an absolute must is a visit to the Adda Park which can also be crossed by bike or on horseback) and charming urban centres, including Crespi d'Adda 20, a late 19thcentury workers' village built up around a textiles factory and a UNESCO world heritage site (www.villaggiocrespi.it). Lastly, escape the hustle and bustle of the city centre and take a relaxing break at Parco delle Cave **(10)**. Situated just a short distance from the San Siro Stadium, this oasis of greenery is the ideal spot for a long walk or a bicycle ride where you can admire the various bird species that inhabit this beautiful nature park. www.parcodellecave.it









## **WELCOME TO LOMBARDY**

The Lombardy region is **one of the richest in attractions in Italy**. The area, between Switzerland and Emilia-Romagna, Veneto and Piedmont, offers countless **destinations for day trips** from Milan.

In addition to **Milan**, there are **11 main cities** that preserve traces of centuries of art and culture - Bergamo, Brescia, Como, Cremona, Lecco, Mantua, Monza and Brianza, Pavia, Sondrio and Varese - and hundreds of smaller villages with **art**, **history and traditions**. But Lombardy also has some unmissable natural beauty, such as the vast Po Valley, the parks and the Pre-Alps with the five largest lakes: Garda, Maggiore, Como, Iseo, Lugano and Ceresio.

With its 10 Unesco Sites, as well as 3 intangible heritages including the lutherie art of Cremona, Lombardy is the Italian region with the largest number of such sites: Valle Camonica's Rock Art, Santa Maria delle Grazie and the Cenacolo Vinciano, the Workers' Village of Crespi d'Adda, the Sacred Mountains of Piedmont and Lombardy, the Rhaetian Railway between Tirano and Saint Moritz, Mantua and Sabbioneta, Monte San

Giorgio, the prehistoric pile-dwelling sites in the Alps, the Lombard monuments and the city walls of Bergamo.

For those who love **panoramic places**, a trip to Monte **Isola** is a must, with its breathtaking view of Lake Iseo; to the **Sacro Monte of Varese** with a view over the plain from the Alps to the Apennines; the **Brunate cable car** with an absolute view of Lake Como; the ascent to the **Torrazzo of Cremona**, the highest masonry tower in Europe; the **Terrazza del Brivido** in Tremosine overlooking Lake Garda at a height of 350 metres.

>> Taking a train trip to Lombardy's cities of art is the ideal way to rediscover, in a comfortable and sustainable way, the beauty of our region's towns, visiting exhibitions, museums and monuments. www.trenord.it/ giteintreno/citta-darte



NTR∃NORD

► The symbol of **Milan**, the city of design, fashion and business, is the **Duomo**, close to which are the 18th-century Teatro alla Scala and the Galleria Vittorio Emanuele II: these are the three most visited landmarks in the city. Not to be missed are the Sforza Castle, the Basilica of Sant'Ambrogio, the complex that houses the Church of Santa Maria delle Grazie and the Cenacolo Vinciano.





**◄ Como** is the city of water, light and silk, rich in history and culture. The Volta Temple is a small Pantheon on the banks of the Lario, built in memory of the physicist Alessandro Volta. Strolling within the medieval walls, among alleyways and old shops, the late Gothic Cathedral and the imposing Broletto from 1215 stand out. A dynamic and entrepreneurial town. (50 km from Milan)

► In a natural setting of rare beauty lies the city of **Lecco**, where Alessandro Manzoni set his masterpiece "I Promessi Sposi" (The Betrothed), and where there are monuments in baroque and neoclassical style. The Lecco branch of Lake Como is characterised by the S. Martino and Barro mountains, the Resegone and the Grigne. Lecco is the starting point for fantastic trips around the lake, to discover historical villas and sumptuous palaces. (55 km from Milan)





◀ Known throughout the world as the "City of Art and Music", Cremona is the cradle of the violin, as it is home to the Violin Museum. In the medieval Piazza del Comune you will find the Cathedral, the **Torrazzo**, the highest in Italy at 121 m, the Baptistery, the Gothic Loggia dei Militi and the Palazzo del Comune. Don't miss a visit to the magnificent Ponchielli Theatre, home to important musical and theatrical seasons. (76 km from Milan)



The "Bergamo Brescia Italian Capital of Culture **2023**" project is a sign of hope, pride and **relaunch** in the name of beauty, after the dramatic experience of the pandemic. A rebirth through culture, as a central element for civilisation. For all information and to stay up-to-date on the events scheduled for this year: bergamobrescia2023.it



▲ Two cities within a city, Bergamo ("Alta" and "Bassa") is linked by two funicular railways. Five kilometres of walls surround domes, towers and palaces, including the Accademia Carrara, the Piazza Vecchia, with its Civic Tower and the Palazzo del Podestà, the "perfect" square also loved by the architect Le Corbusier. Bergamo is also the birthplace of the composer Gaetano Donizetti, to whom the city dedicates a major opera festival every year. (50 km from Milan)



▲ **Brescia** presents itself in its Renaissance guise with its marvellous salon squares, an embattled castle, two cathedrals, a theatre created as a tribute to Napoleon Bonaparte and the Museum of Santa Giulia, a Unesco World Heritage Site. The famous 1000 Miglia race has been held here every year since 1927, and in September the world's bestloved Opera Festival takes place here, transforming the entire city into a magical open-air theatre. (95 km from Milan)

### **WELCOME** AROUND THE CORNER

▶ Lodi is a small Lombard town in the lower Po Valley, rich in art and history with many green areas. Places to visit include the neoclassical Palazzo Broletto, the 15th-century Palazzo Vistarini, the Basilica della Vergine Assunta, a Romanesque cathedral, and the Tempio Civico dell'Incoronata, a masterpiece of the Lombard Renaissance in the style of Bramante. (38 km from Milan)





■ Mantua, the tranquil and elegant city of the Gonzagas, is surrounded on three sides by water from which you can enjoy a fascinating city skyline. Sung about for its beauty by famous writers such as Virgil, Baudelaire and Dickens, the city is told through its many monuments, including the Rotonda di San Lorenzo, Palazzo Te, Palazzo Ducale and the Duomo. (185 km from Milan)





AND SOUND OF INSTANCE OF INSTA

■ Pavia, in the heart of the Lombardy plain, is home to one of the oldest universities in the world. Rich in art and nature, it preserves evidence of its culture in the Castello Visconteo. Of considerable historical and religious interest are San Pietro in Ciel d'Oro, where the remains of Saint Augustine are kept, and the Basilicas of San Teodoro and San Michele Maggiore. Don't miss a walk on the romantic Ponte Vecchio, which connects the historical centre with the picturesque Borgo Ticino district. (45 km from Milan)

▼ Sondrio is a town of Lombard origin in the heart of the Valtellina. The historical centre is characterised by stone houses and houses with wooden galleries typical of the most beautiful mountain towns. The precious architecture of the Torre Ligariana and the historic buildings is remarkable. A stop at a crotto or a typical restaurant is a must in the area to savour the typical cuisine based on pizzoccheri and Sassella or Inferno wine. (135 km from Milan)



▼ Varese, also known as a "garden city", enjoys a wealth of landscape, architecture and art that have been appreciated since the last century, when the city became a holiday destination with its prestigious Art Nouveau villas and hotels. An unmissable destination for contemporary art lovers is the 18th-century Villa Panza with its unique collection. (58 km from Milan)





The shores of Lake Maggiore wash up on he banks of Piedmont and Lombardy in Italy, while its more austere northern basin lies in the mountainous region of Switzerland. The most famous island, lying just off Stresa - a small, elegant town, rich in neoclassic and liberty buildings and a shopping mecca boasting a myriad of boutiques - is Isola Bella, anchored like a fantastic ship-garden and dominated by the majestic Palazzo Borromeo, built in the 17th century and rich in art treasures, including the private collection of Milan's most famous aristocratic family. The Borromeo clan also owned Rocca di Angera, an imposing fortress (12th-17th century) boasting opulent ambiences, of which the most famous is the Sala di Giustizia. The "Rocca" also has a medieval garden (www.isoleborromee.it).

Lake Como is the romantic and worldly older sister of Maggiore and Garda and takes its name from the city of Como. "Must-visit" sights include the Gothic **Duomo**, the Romanic basilicas of San Fedele and Sant'Abbondio and the neoclassic Villa Olmo. Nestling on the banks of Lake Como in Lenno and currently owned by FAI - a private non-profit trust - Villa del Balbianello is a magnificent example of a perfectly preserved 18th century dwelling. Surrounded by a stunning, terraced panoramic garden, with a breathtaking view of the lake, the Villa is one of the area's most romantic retreats. Standing on the tip of a promontory overlooking the waters of the lake, the Villa was chosen by director George Lucas as one of the evocative settings for the famous "Star Wars"

series. Lying just a stone's throw northwest of Como is **Cernobbio**, a small fashionable resort frequented by the wealthy of Europe because of its deluxe hotel Villa d'Este and Villa Erba where director Luchino Visconti spent his childhood (www.villaerba.it). Continuing North, we find Isola Comacina a jewel of art and nature, rich in Mediterranean vegetation and one of the most important archaeological sites of the dark ages in Northern Italy. In nearby Tremezzo, don't miss a visit to the Baroquestyle Villa Carlotta, featuring an Italian garden and sculptures by Canova. At the junction of the southern arm of the lake lies Bellagio, also referred to as the pearl of Como, set in a

strategic position to soak up the panorama.

Don't miss a visit to the other lakes that are also easily accessible from Milan. These include Lake Lugano, where the enchanting towns of Morcote, Melide and Lugano offer many cultural attractions and charming itineraries; Lake Iseo, a gem of rare beauty nestled between the provinces of Bergamo and Brescia; Lake Garda attracing millions of visitors every year thanks to its mild climate, its old-fashioned atmosphere and its breathtaking scenery, including scenic roads along the coast, Renaissance villas, Romanesque hamlets and small villages.



### VILLA DEL BALBIANELLO

### Relics of exploits and adventures, kept in a treasure chest suspended over lake Como

On a peninsula from which there are enchanting views of the Lario area, this elegant and romantic 18th-century mansion owned by FAI-Fondo per l'Ambiente Italiano and its amazing garden hosted literates and travelers.

Via Guido Monzino, 1 Tremezzina, Como (75 km from Milan) Open Tuesday, Thursday, Friday, Saturday and Sunday, 10am-6pm (last entrances: to the park at 5pm, to the villa at 4pm).



Value added tax on goods and services sometimes provides for a VAT refund, which is a right for non-EU travellers.

emembering that the refund does not apply to services provided by hotels, restaurants, taxis or agencies, it is possible to take advantage of it under certain conditions.

### IN WHAT CASE CAN I RECEIVE VAT REFUND?

- ▶ you are a non-EU resident;
- the goods purchased are intended for personal or family use only and are carried in your luggage:
- the overall value of the goods purchased exceeds 154,94 Euro (VAT included);
- ▶ the purchase is certified by an invoice (including a description of the goods)

- purchased, your personal information as wel as the details of your passport or any other equivalent document);
- ► the goods leave EU territory by the end of the **third month** after the month that you bought them:
- specific customs formalities are complied with;
- ► the invoice is returned to the Italian retailer within four months after the purchase was made, if Customs validation is manual stamp (rubber stamp)

### WHEN CAN I ASK FOR VAT REFUND?

country present your Passport, Tax Free Forms and unused purchases to Customs office for Customs validation. Once your Tax Free Form has been validated, the payment will be arranged in different ways (cash/credit card/digital wallet... depending of the possible VAT operators).

### WHERE CAN I ASK FOR VAT REFUND?

The procedure is facilitated at major internationa airports or border crossings, and most department stores also have Tax Free Refund offices. Refunds can be made directly at the retailers or at the Global Blue VIP Lounge in the heart of the Montenapoleone District.

On 3 floors of pure design, this is the ideal place to welcome Extra-EU tourists.

In a very sophisticated and relaxed environment, tourists with their tax free form can get their refund and the chance to have a coffee a soft.

tourists with their tax free form can get their refund and the chance to have a coffee, a soft drink, free Wi-Fi, a shopping assistant and advice in a **very exclusive setting**.

The highly trained and multilingual staff can help you have a VIP experience and provide very detailed information on the airport's Tax free procedure.

>> Via Sant'Andrea, 8. M3 Montenapoleone, M1 San Babila. www.globalblue.com www.adm.gov.it/portale/en/ee/citizen



# Strolling through Milan

Milan, famous for being one of the fashion capitals of the world, has always something new to reveal, from its main shopping streets, always up-to-date with trends from abroad, to fabulous niche venues with sought-after products.





### THE LEGENDARY MONTENAPOLEONE

Although high-end purchases can be made in any part of the city, several urban areas are also entirely given over to the business of luxury shopping. First and foremost, the Quadrilatero della Moda or Golden Quad, situated just east of the Piazza della Scala and a short distance on foot from the Duomo. This is where all the big designer names and most luxurious stores in the world cluster. The Quadrilatero set amidst four of Milan's most expensive and prestigious shopping streets, namely via Montenapoleone, via Manzoni, via della Spiga and corso Venezia. It is here that the most important fashion designers offer their luxurious creations. It's an open-air shopping mall, where **haute couture** takes centre stage and with its cornucopia of eye-catching window displays it make the eyes of even the most hardened fashionistas sparkle. Here, in the space of just a **few hundred metres**, you'll find everything your heart desires, including boutiques, museums, restaurants and luxury hotels. If fashion is your thing and you're interested in learning more about its history, then a visit to Palazzo Morando (www. costumemodaimmagine.mi.it), the headquarters of the museum of costumes, fashion and image, is an absolute must. Discover the world of fashion and glamour in this unique, magical pedestrian precinct (also featuring a number of small side streets dotted with glam boutiques). Well worth exploring from top to bottom.

### **CORSO VITTORIO EMANUELE** & VIA TORINO: TRENDY SHOPPING



Trendy venues can be found starting from Plazza Duomo and corso Vittorio Emanuele II which leads to piazza San Babila, and the nearby via Torino, which stretches as far as porta Ticinese (from here you can access the Navigli and the recently revamped Darsena). These are the shopping meccas for youngsters and fashion-interested Milanese, in search of the latest trends. These areas boast loads and loads of shops and it's easy to get lost among the myriad offers of ever-changing, ready-to-wear fashion.



### **SHOPPING**

### **DUOMO: THE HEART OF THE CITY**



Milan's historic centre is contained within a relatively small area which is now mostly closed to traffic, meaning that it's **easy to explore on foot**. There's no need to choose between planning a 'cultural' itinerary or a 'shopping' itinerary because you can combine the two and get the most out of both. In addition to being packed with several of Milan's most famous attractions, this area is home to **myriad shops**, including big-name fashion brands, **historic** 'botteghe' and some of the city's most sought-after **cafés**, **bars and eateries**. For the **ultimate one-stop shopping experience** look no further than the Rinascente flagship store (under the arcades): an amazing array of fashion items under just one roof! By walking just a few steps from the **Cathedral**, in a northwesterly direction, you'll reach the Castello Sforzesco, another of the city's most symbolic monuments.

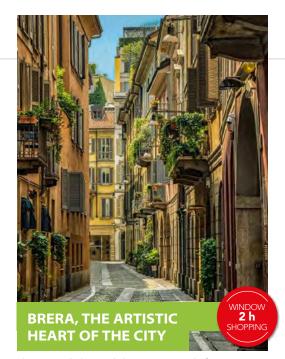


## THE GALLERIA: A FASHION VICTIM'S PARADISE



Another reference point for upmarket shopping is the **picturesque, iconic** and simply spectacular Galleria Vittorio Emanuele II, home to the fashion giants and several high-class restaurants: a unique destination whose upper and lower spaces are well worth a visit. After honoring the Milanese tradition that requires firmly grinding the heel of your shoe into a bull depicted on the mosaic floor of the Galleria, which is said to bring luck, you can indulge yourself by purchasing something from one of the **fabulous boutiques** 





This centrally located district is named after via Brera which, since the 18th century has housed the famous Accademia di Belle Arti. Its narrow cobbled streets host a number of chic antique shops, galleries, cafés, restaurants and bars. The area is expanding rapidly and its neighbouring streets, including Corso Garibaldi and Corso Como, are home to several of the trendiest addresses in the city. In fact, as you walk through this historic district, you will be struck by the almost surreal atmosphere, and a treasure trove of small artists' workshops, quaint shops selling canvases and paints and antique **shops** of this area. Brera never ceases to amaze and now, in addition to its picturesque artists' workshops, countless boutiques showcasing rare essences are springing up, transforming Brera into a 'district of **Artistic Perfumery**.

### **WEAVES OF DESIGN**

Bottega Intreccio, an Italian atelier specialised in the weaving of wicker and rattan, proposes unique furnishing objects, strictly homemade, in collaboration with major architects and fashion brands. Today on sale in Milan at BigApple Design (5Vie district). www.bigappledesign.it www.bottegaintreccio.it/en



### **PORTA NUOVA: MODERN TIMES**



Beneath the imposing UniCredit Tower, one of the symbols of the Milanese skyline, you'll find the newest and most modern part of Milan, home to the skyscrapers of Porta Nuova and Piazza Gae Aulenti (which is dedicated to one of the 'greats' of Milanese design), a real jewel of architecture and design with its increasing number of boutiques. This is really one of Milan's most contemporary, fashionable districts, bursting with buzzy bars that cater to the traditional aperitivo ritual, a destination where hip youngsters are always in the limelight. In addition to the latter, the area also contains the Corso Como complex, where you'll find some of the most famous and fanciest clubs in Milan alongside fashion and art hotspots. If shopping is your objective you'll be spoilt for choice in piazza Gae Aulenti. The piazza hosts numerous bookshops, perfumeries and design or clothing shops.



### THE STREET OF TIME IN MILAN

locations where jewellery collections are designed and them on a day-to-day basis, craftsmanship, a precious silver or gold jewel, a hand-made diamond encrusted accessory, or the title "Street of Time" and

a refined taste as well as for an

Advertorial

# FoxTown, shopping among Fashion and Sustainability

FoxTown Factory Stores, the temple of elegance and luxury, just 7 km from the Italian border, is the place where shopping lovers can find more than 160 prestigious boutiques at reduced prices from 30% to 70% all year round. FoxTown hosts international brands such as Armani, Bally, Prada, Burberry, Jimmy Choo, Dolce & Gabbana, Gucci, Coach, Michael Kors, Boss, Polo Ralph Lauren, Salvatore Ferragamo and many more. 9 bars and restaurants, personalized services and a Casino make the shopping experience even more unique.

Sustainability is crucial for Tarchini Group: the new direct connection to the Mendrisio San Martino railway station ease the green mobility, while the new extension of the shopping centre, opened in June 2022 and designed by architect Mario Botta, is characterised by a modern and sustainable design thanks to the use of recycled materials.

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www.foxtown.com



### PAOLO SARPI, MILAN'S CHINESE NEIGHBOURHOOD



The **oldest and biggest Chinese district in Italy** is an interesting location for a quiet walk or to take a look at the typical products displayed at the shiny windows at both sides of the road. This **pedestrian district** stretches over the central **via Paolo Sarpi** and reaches the nearby **via Bramante**, **via Aleardi** and **via Niccolini**, forming a real city within the city. **Christmas, Chinese New Year** and the **Oriental Design Week** offer one on the liveliest atmospheres packed with events and are the best times to admire a triumph of lantern lighting and decorative elements.



### **NAVIGLI: NICHE SHOPPING**



Trendy Milanese, who could never mingle in big crowds, shop in the **Ticinese area** and surrounding neighbourhoods. Here, amongst the columns of **San Lorenzo** and the **Navigli**, you'll find numerous trendy boutiques, niche labels and small vintage shops where, if you know how to look, it's still possible to bag a bargain and find showrooms that sell to the public. Together with Brera, the **Navigli** is one of the most **picturesque districts** in old Milan. The **Navigli** and the **Darsena** are two favourites among the locals, who love to enjoy the traditional aperitivo here, but are also a must-visit for visitors who will find themselves seduced by the artistic atmosphere of its numerous painters' studios. If you're interested in discovering the city from a different perspective, treat yourself to a picturesque cruise on the Navigli (www.milancanalcruises.it).





Since its opening in 1782, Corso Buenos Aires has been one of the most important commercial thoroughfares in Milan and one of the longest commercial walks in Europe where an increasing number of 'maxi boutiques' have taken up residence. The street extends from Porta Venezia in Piazza Oberdan, a straight continuation of Corso Venezia, to Piazzale Loreto. A real shoppers' paradise, it offers one and a half kilometre of window displays, with over 350 shops for all tastes and all budgets: sophisticated boutiques, alternated with trendy stores offering all types of merchandise and numerous bars for a quick snack. Its sidestreets abound in restaurants, many of which are ethnic. A saturdy afternoon favourite with Milanese shoppers of all ages.



Walking north from Piazza Gae Aulenti, the heart of Milan's most futuristic area, we arrive at Isola, a historic and popular neighbourhood that in recent years has become **the city's coolest area**. A "small neighbourhood in the middle of a big city" offering typical **aperitif spots**, small **vintage shops** and **craft workshops** with unique products, in a **youthful context** characterised by murals and banister houses.







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# Fashion and design outlets

Just a few kilometres from Milan, the nec plus ultra for the fashion addicted are the city's outlying fashion outlets.

Don't miss a trip to these unique shopping destinations!



### **FIDENZA VILLAGE**

One of the 11 Villages of "The Bicester Collection" by Value Retail in Europe and China: a unique experience combining shopping, art, great food and exclusive services.

- WHERE: only 60 minutes from Milan, close to the A1 motorway exit Fidenza/Salsomaggiore Terme.
- WHAT: more than 120 boutiques of Made in Italy and international fashion and lifestyle brands at prices reduced by up to 70% all year round; the Hands-free Shopping service, the Global Blue Tax Free Kiosk for immediate VAT refund and the personal stylist service are available in the Village.

  www.fidenzavillage.com

### **FOXTOWN FACTORY STORES**

A heaven of luxury and elegance where over 160 stores offer the very best fashion labels discounted from 30% to 70% all year round.

- WHERE: in Switzerland, just 50 km from Milan.
- WHAT: over 160 exclusive stores with more than 250 top brands, 1 casino, 7 bars and restaurants, an exchange office, Tax Free refund points, "Shopping from Home" and Personal Shopper services. www.foxtown.com

### FRANCIACORTA VILLAGE

Nestled between Lakes Garda and Iseo, less than an hour from Milan, Franciacorta is not only the home to the famous Docg wines but also offers a unique shopping experience.

• WHERE: take the A4 Milan-Venice motorway

and exit at Ospitaletto or the A35 Bre-Be-Mi and exit at the A4 junction.

• WHAT: over 190 stores of Italian and international brands for up to 30-70% less all year round.

www.franciacortavillage.it

### SERRAVALLE DESIGNER OUTLET

The largest Designer Outlet in Europe, it is located just 50 minutes away from Milan. Its beautiful setting combines all the appeal of luxury designer brands with the beauties of the surrounding Piedmont countryside and the Ligurian Riviera. McArthurGlen also boasts "Barberino" near Florence, "Castel Romano" near Rome, "La Reggia" near Naples and "Noventa di Piave" close to Venice.



### FIDENZA VILLAGE

The **Shopping Express** service operates from Milan to Fidenza Village **every day**. For reservations and information:

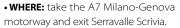
www.tbvsc.com/fidenza-village/en/gettinghere/shopping-express

Piazza della Repubblica 5, corner of Via Turati (in front of the newsstand, M3)	Departure from Fidenza Village
9.45am	5.30pm
Only on Saturday and Sunday 9.30am (departure from Via Manzoni 4, 100m from Piazza della Scala)	(arrival at 7.15pm Piazza della Repubblica 5, corner of Via Turati)









• WHAT: a unique shopping experience with over 230 shops at up to 70% less all year round. McArthurGlen.it/Serravalle

### **VICOLUNGO THE STYLE OUTLETS**

Just 30 minutes from Milan and the Malpensa

Airport, this is one of the closest outlet to Milan and the ideal place to spend a day shopping. • WHERE: take the A4 Milano-Torino motorway and exit at Biandrate Vicolungo. A shuttle bus connects the outlet to the center of Milan, on Saturdays, Sundays and bank holidays. Free service. For information and bookings



visit www.autostradaleviaggi.it

or call +39 02 30089900.

### **VICOLUNGO THE STYLE OUTLETS**

A **free shuttle bus** connects the outlet from the centre of Milan on Saturdays, Sundays and bank holidays. Bookable everyday at

vicolungo.thestyleoutlets.it >> Departures from Central Station. Bus stop in Via Manzoni, 6.

Milano Central Station (Piazza IV Novembre, near Hotel Gallia)	Departure from Vicolungo The Style Outlets
10am	4.30pm
10.30am (bus stop in Via Manzoni 6, near Piazza della Scala)	



• WHAT: Head for the 150 boutiques offering prestigious international and Italian brands, from clothing for the whole family to homeware and wellness ideas, discounted up to 70% all year round. Special selection of the most coveted sports brands and many food points serving typical Italian cuisine and other proposals. www.vicolungo.thestyleoutlets.it

#### **SCALO MILANO OUTLET & MORE**

Scalo Milano Outlet & More is the Milan's outlet located just 15 minutes from Milan downtown, combining outlet collections and new arrivals at retail prices.

• WHERE: located in Locate Triulzi (via Milano, 5), it can be accessed via a daily shuttle bus from downtown Milan (Piazza della

Repubblica, 3 corner of via Turati) and straight to Scalo Milano in a few minutes.

- WHAT: it hosts 150 fashion and design brands, including Cavalli Class, Twinset, Fratelli Rossetti, Patrizia Pepe, Puma, a Ferrari store and 15 showrooms of leading interior décor and home furnishing brands (Alessi, Kartell, Calligaris...) and discounted products up to 70% all year round. Incredible entertainment program through the year with concerts, events and exhibitions.
- NOT ONLY SHOPPING: other highlights include accessories, cosmetics and sporting goods, 14 restaurants and cafés. Non-EU residents can reclaim any VAT paid on items purchased here. scalomilano.it



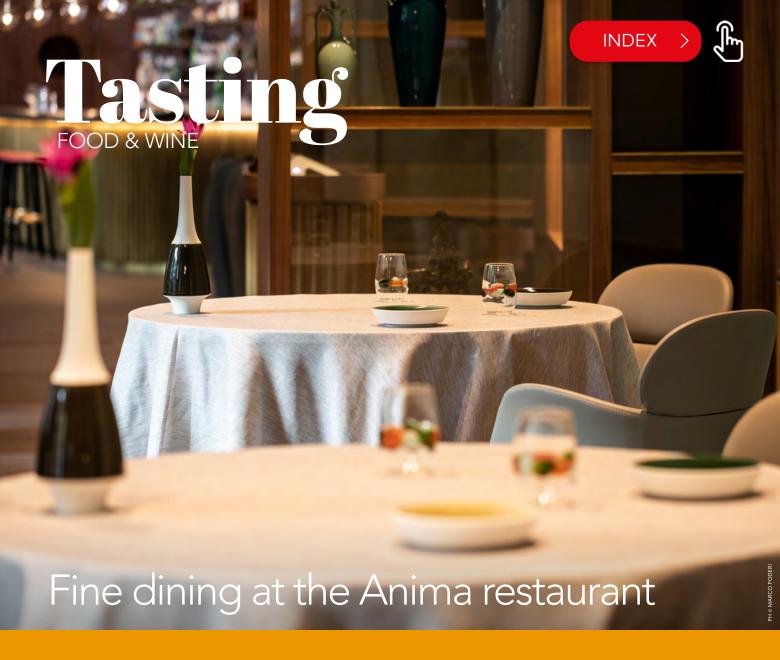
### **SCALO MILANO OUTLET & MORE**

A shuttle service runs from the centre of Milan to Scalo Milano with 3 daily departures. Bookable everyday at scalomilano.it

>> Departure from Piazza della Repubblica by Frigerio Viaggi www.scalomilano.it

Piazza della Repubblica 5, corner of Via Turati	Departure from Scalo Milano
10.30am	12.30am
2pm	3.15pm
5pm	7pm





New Michelin star 2023, the restaurant lives a gastronomic luxury that is also democratic, open to all lovers of good food.

he restaurant opened by Chef Enrico
Bartolini at the end of May 2021
inside the Hotel Milano Verticale |
UNA Esperienze has its own old-fashioned
futurist "soul".

Skillfully led since October of the same year by **Resident Chef Michele Cobuzzi**, the restaurant expresses elegance, comfort and design: a style that counterbalances a cuisine that makes "Milaneseness" its strong point. Of Apulian origins and with international

international cuisine, Cobuzzi knows how to interpret the rich heritage of **Italian tradition** with modern taste, also in the kitchen of "Vertigo Osteria Contemporanea" and "Bar con Giardino", also inside the hotel.

In "Anima", seven tables open only in the evenings (also to outsiders), the Chef proposes two gourmet courses: "Intensity" (in eight passages - 150 euro excluding drinks - with the possibility of also opting for three or four courses à la carte, respectively at 90 and 110 euro) and "My certainties" ("A path of small greatness" five passages at 125 euro excluding drinks). The wine list offers a selection of Italian and foreign labels with great personality, carefully chosen by sommelier Giacomo Morlacchi.

>> Anima Ristorante
Via Rosales, 4. T: 02 62278500.
Closed on Sunday.
Open 7.30pm-10.30pm
www.enricobartolini.net/ristorante-milano-verticale





### 2023 Michelinstarred restaurants

The 2023 Michelin Guide has reconfirmed Lombardy as the region with the highest number of gourmet hubs awarded, and 17 restaurants can be found in the beating heart of Milan: check our guide here!

#### Enrico Bartolini al Mudec ಿನಿ

Via Tortona, 56, T: 02 84293701

#### www.enricobartolini.net

The understanding of origins, creativity and the open-minded approach to the world are the key to the success of Chef Enrico Bartolini. His own-name restaurant refers to his cuisine as 'contemporary classic'.

#### D'O (\$49)

Piazza della Chiesa, 14 - Cornaredo (MI). T-02 9362209

#### www.cucinapop.do

Set just a short distance from Milan, Davide Oldani's restaurant proposes a well-balaced mix of technique, innovation and taste, enhanced by a touch of humour.

#### Il Luogo di Aimo e Nadia 😂

Via R. Montecuccoli, 6. T: 02 416886

#### www.aimoenadia.com

Although husband and wife team Aimo and Nadia no longer head the restaurant, their style of cooking lives on in the cuisine of Alessandro Negrini and Fabio Pisani. The menu is based on sublime regional Italian cuisine re-interpreted with an innovative twist.

#### Seta by Antonio Guida 👯

Via Andegari, 9. T: 02 87318897 www.mandarinoriental.it

The hotel industry is also renowned for its starred chefs, including Antonio Guida who heads Seta, the multi-award winning restaurant at the Mandarin Oriental Milan.

#### Andrea Aprea 🎨

Corso Venezia, 52. T: 02 38273030.

#### www.andreaaprea.com

Of great scenic impact, with a panoramic window overlooking the Porta Venezia park and the city skyline, the restaurant covers 400 sq.m., with 36 seats and an open kitchen. Close and opposite flavours and a variety of textures allow one to experience the flavour of contemporaneity.

#### Anima 🖔

Via Rosales, 4. T: 02 62278500.

www.enricobartolini.net/ristorante-milano-verticale Elegance, comfort and design are the key words to interpret the concept and the refined lines of the spaces that counterbalance a purely 'Milanese' cuisine, attentive to the seasonality of vegetables and fruit, as well as fish and certain types of meat. A project entrusted to chef Michele Cobuzzi and his formerly futurist 'soul'.



#### Felix Lo Basso Home&Restaurant &

Via Carlo Goldoni 36 T:02 45409759

#### www.felixlobassorestaurant.it

With a touch of refined style, Chef Felix Lo Basso makes quality and respect for raw materials his starting point. High level cuisine, sophisticated in the elaboration of the dishes but with strong anchorage to tradition and Italian raw materials.

#### **AALTO**

Piazza Alvar Aalto/Viale della Liberazione, 15. T:02 25062888

#### www.aalto-restaurant.com

From Chef Takeshi Iwai, new combinations of flavours aiming to achieve a balance between technique. research and taste, mixing and matching influences from Japan, Italy and Northern Europe.

#### Berton &

Via Giacomo Watt 37 T:02 8088 8624

#### www.lumemilano.com

In the heart of Porta Nuova, this is the gourmet kingdom of Chef Andrea Berton. The restaurant's contemporary, minimalist design matches the beautiful simplicity of its dishes. A must? The risotto!

#### Contraste \*

Via Meda, 2. T: 02 49536597.

#### www.contrastemilano.it

A surprising location where the flavors of tradition are re-interpreted by Chef Matias Perdomo in unusual shapes and contrasting flavours that will not disappoint.

#### Cracco 8

Galleria Vittorio Emanuele II. T: 02 876774.

#### www.ristorantecracco.it

Chef and entrepreneur Carlo Cracco's gourmet hub in the heart of Milan's "livingroom", hosting a bar, a bistro for a quick break, a pasticceria, a cellar and a location for private events.

#### Ivo 🖏

Via Piero della Francesca, 74. T: 02 45476898. www.ivo.it

The first Oriental restaurant awarded with the prestigious star in Italy, Iyo owes its fame to its



outstanding kitchen staff and owner Claudio Liu. A one-of-a-kind culinary experience.

Via Panfilo Castaldi, 18. T: 02 29522124.

#### www.joia.it

Chef Pietro Leemann is considered the guru of vegetarian food or, according to his own definition, of "natural haute cuisine". His cuisine is avant-garde, experimental, skillfully prepared and beautifully presented.

#### L'Alchimia

Viale Premuda, 34, T: 02 82870704

#### ristorantelalchimia.com

In a modern and chic ambience enhanced by a bar-bistrot area for a quick lunch, lovers of fine dining can enjoy traditional Italian and Milanese specialities paired by a precious wine selection.

#### Sadler 8

Via Ascanio Sforza, 77. T: 02 58104451.

#### www sadler it

Chef Claudio Sadler prepares beautiful creations that can be compared with contemporary art, of which he is an enthusiastic fan.

#### Tano Passami l'Olio ै

Via Petrarca, 4, T: 02 8394139.

#### www.tanopassamilolio.it

The menu distinguishes itself for its carefully curated and light cuisine with a particular emphasis on only the highest quality ingredients and on the use of pure extra virgin oil instead of butter.

#### Viva Viviana Varesec/o Eataly Smeraldo

Piazza XXV Aprile, 10. T: 02 5462930.

#### www.vivavivianavarese.it

An elegant and welcoming restaurant located inside the former Cinema Smeraldo, now home to Eataly Milano. At VIVA guests can savour the original pairings created by Chef Viviana Varese, inspired by the most contemporary version of the Italian cuisine.

# Dining at the top

# True Roman cuisine

A corner of Rome within the city of Milan: since 2012 this Ostaria Romana has brought true Roman cuisine to the city, with its tradition and mentality. In a cosy and informal environment, where the staff is ready to welcome you with sympathy and kindness, you can enjoy the best cuisine of the Roman tradition that has been handed down from generation to generation. From starters - artichokes "alla romana", "suppli" and croquettes to name but a few - to first courses ranging from "bucatini all'amatriciana" to "spaghetti alla carbonara"; from more traditional main courses (baked lamb, "coda alla vaccinara" or "saltimbocca alla romana") to desserts with the inevitable Tiramisù. There is also a rich wine list that includes a selection of wines from Lazio. The menu is renewed every day, with new proposals according to the season. The restaurant is very popular for lunch and dinner, 7 days a week.





#### Volemose Bene Moscova

Via della Moscova, 25 T: 02 36559618 volemosebenemilano.it



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# Roman cuisine with dehors

Together with the "Volemose Bene" restaurant in Via Moscova, this second Ostaria Romana in Milan is located in an elegant side of the city, not far from Central Station and a stone's throw from the Porta Nuova skyscrapers. Equipped with a large dehors, this restaurant has recently opened to welcome all those customers who already know the restaurant of the same name in Via Moscova and are looking for its flavours and atmosphere. A traditional and homely gastronomic proposal, also for the welcome and friendliness of the staff. The menu is wide-ranging and features the most typical dishes of Lazio cuisine: artichokes "alla romana", "supplì" and croquettes, "bucatini all'amatriciana", "spaghetti alla carbonara", baked lamb, "coda alla vaccinara", "saltimbocca alla romana" to name but a few, while desserts include the inevitable Tiramisù. The menu is renewed every day, with new proposals according to the season.



#### Volemose Bene Vespucci

Via A. Vespucci, 5 T: 02 89690870 volemosebenemilano.it



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SCAN IT TO GET YOUR BENEFIT

# Dining at the top

# New Roman gourmet shop

After the success of Milan Moscova and Vespucci and having opened last summer in Costa Smeralda, Volemose Bene launches a new format in Milan: Volemose Bene Rosticceria. The format was created to bring to Milan the idea of "deli" as it was understood in the 80s/90s in Rome, a place where you can eat well and spend little. For a tasty snack at any time of day or for a quick but quality lunch break, Volemose Bene's new Rosticceria Romana offers a wide selection of traditional Roman dishes. A genuine alternative to cooking at home, with generous portions and flavorful dishes: from "cannelloni alla vecchia maniera" to "lasagna alla viterbese", from "trippa alla romana" to "galletto nostrano", and couldn't miss the great classics of Roman cuisine: "carbonara", "cacio e pepe", "a'matriciana", "saltimbocca", "baccalà" and "carciofi alla romana". The location is open from Monday to Saturday, 12noon to 10pm. Dehors, table service or counter service for take-away, delivery.





#### Volemose Bene Rosticceria

Advertorial

(Piazzare Loreto area) Via Pecchio, 1 T: 02 45381350 volemosebenemilano.it



#### >> INSIDER TIPS

- Breakfast time in Italy can be from 6am to 11am, depending on what time you got up, and it usually includes a cappuccino, which is a morning drink, and "cornetto" or other sweet pastries.
- Lunchtime usually ranges from midday to 2pm (that is why many of the shops of the shops close in these hours), dinnertime from 8pm to 10pm.
- Between 6pm and 9pm it's aperitivo time, an Italian tradition started in Milan. If you're feeling hungry between 3pm and 5pm then it's time for you to have a "merenda", a quick snack between the two main meals. Should you be hungry at late night, you can check several list of

late-night restaurants in Milan.

 Never forget to check the restaurant's weekly closing **day**, which – most of the time – will be Monday.

- **Reservations** for most restaurants are strongly advised.
- In Italy, service is included in the price meaning that although **tipping is not compulsory** but it is obviously appreciated as a sign of satisfaction.
- Some menus include the word "coperto", a small surcharge corresponding to the cost of the service and bread (usually between 1 and 3 euros per person).
- If you want **tap water**, you should specify it to the waiting staff of the restaurant or bar, asking for a glass of "acqua di rubinetto".
- Although no dress code exists in Italy, semiformal clothing is usually considered de rigeur at restaurants.
- All restaurants and bars are non-smoking unless a separate smokers' area is specifically offered.

### Milanese tasting

Milan offers a cuisine featuring a number of truly unusual flavours. Here is a brief guide to make sure that you don't miss out on several of the city's best and most typical recipes.

#### **RISOTTO ALLO ZAFFERANO**

This is one of the few dishes boasting a specific "birth date". In fact, legend has it that, on 8 September 1574, master glassmaker Valerio di Fiandra was presented with a dish of **saffron-coloured rice** at his daughter's wedding feast after which time it became an iconic dish of Milanese cuisine. Master Chef Gualtiero Marchesi has transformed









this delicacy into a real work of art, with the addition of a square of edible gold leaf! We also suggest trying its crunchier version: so-called "riso al salto". Try the creative dishes signed by Carlo Cracco at his restaurant in Galleria Vittorio Emanuele (www. ristorantecracco.it)

#### **COTOLETTA ALLA MILANESE**

Mentioned for the first time in1500 at the court of the Sforza, its "invention" was a source of contention with the Viennese who laid claim to its origin. According to the traditional recipe, the **veal slices** used should be at least as thick as a finger, **coated in egg and bread** crumbs and deep fried in butter. One of the best places to eat breaded veal cutlets in Milan is at "Da Giannino" (www. gianninoristorante.it) or at the "Al Garghet" restaurant (www.algarghet.it).

#### TRIPE (OR BUSECCA)

A hearty winter dish that will keep the cold out, its main ingredient is the **stomach lining of sheep or cows**. It was originally served to celebrate special occasions in the peasant world. Try the fried variant on the menu of the eponymous trattoria Trippa Milano, on Via Giorgio Vasari 3 (www.trippamilano.it).

#### **CASSOEULA**

According to the history books, composer and conductor Arturo Toscanini was mad about this dish made from **pork** (sausages, pork rinds and spare ribs) and **cabbage**. For a taste of old-world Milan, suggest you try it at "Antica Trattoria della Pesa" in Via Pasubio (www.anticatrattoriadellapesa.com).

#### MONDEGHILI

Small **meat balls fried** in butter and oil and a signature dish of renowned chef Bruno Barbieri who has made them an art form. You can taste the traditional Milanese meat balls at "Al Matarel" (www.almatarel.it).



Advertorial

# Particolare, bistrot with garden



In the choice of name, the Particolare Milano restaurant reveals its identity: a Milanese location in the Porta Romana area that aims to be a welcoming point for those who want to go out but feel at home, who want a cocktail but perhaps also dinner, who come for an after-work aperitif and find themselves in a garden hidden away in the city. The atmosphere is "particular", with colour combinations, furnishings studied down to the smallest detail and little references to the last century. A place designed for the city of Milan, which also offers a well-kept and intimate double outdoor space, where one can enjoy the cuisine both in summer and winter.

Leading the kitchen brigade is chef Andrea Cutillo, who shares a passion for catering with maître and sommelier Luca Beretta.

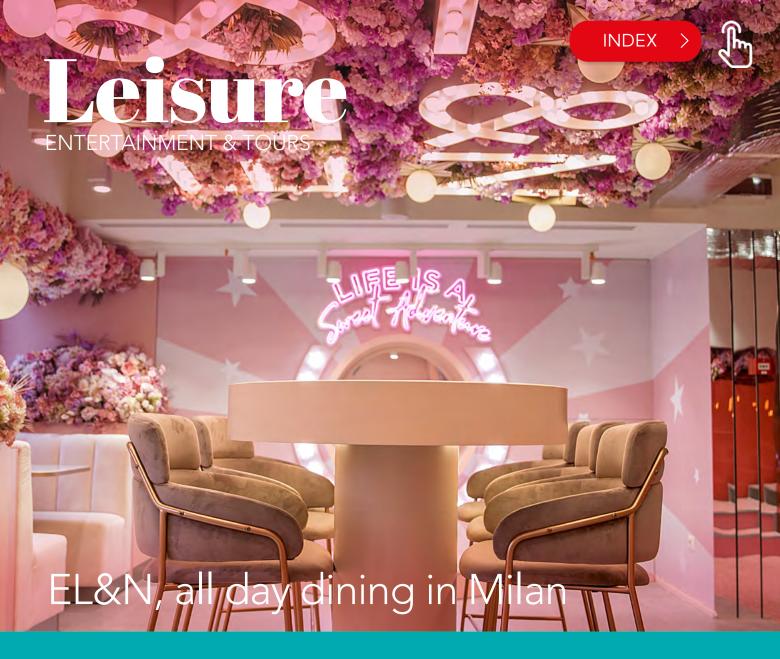
passion for catering with maître and sommelier **Luca Beretta**. Their cuisine can be described as **traditional Mediterranean**, with a creative and **contemporary twist**.

**GOOD VIBES** – In an elegant and cozy setting, with design furniture inspired by the typical style of the 1950s and 1960s, Particolare Milano offers **lunch** and **business lunch**, **dinner**, cocktail bar for **aperitifs** and **after-dinner**. The greenery gives the pleasant feeling of being immersed in a garden away from the hustle of the city.

#### Particolare Milano

Via Tiraboschi, 5 (Porta Romana district) T: 02 47755016 particolaremilano.com





Stunning and marvelous locations and a healthy and tasty menu are the ingredient for the success of EL&N, the world's most lnstagrammed coffee shop.

L&N, an acronym for **Eat, Live & Nourish**, is the UK's pioneering food & beverage and lifestyle brand with a contemporary take on the **cafeteria**: a tasty food and drink selection, and a stylish, colorful and inspiring setting that infuses positivity.

Launched in 2017 by founder Alexandra

Miller's passion for a healthy lifestyle and expertise in the world of luxury, EL&N arrived in Milan in 2022, opening its first store in the iconic **Liberty Tower**, in a 480-square-

meter space spread over three floors in the heart of the city center, immediately attracting Milanese and visitors alike and boosting the brand's appeal. Opened just six months after, the second EL&N store

settled on the bustling **Porta Nuova district** in the center of **Piazza Gae Aulenti**, to seduce fashion and tech addicts by installing itself in the city's business center with 250 square meters on one level, a perfect location for corporate events and new product presentations.

The venues are irresistibly stylish and glamorous, designed to offer upbeat **photo opportunities**, with flowered walls, colorful LEDs, pink interiors, and all the perfect

features for an Instagram-moment.
The menu is a testament to the origin of the brand, with a diverse and international selection enhanced by savory variations

designed to tempt the most refined appetites. A mix of different culinary cultures results in an irresistible menu, with mouth-watering French Toast, Burgers, Club Sandwich, tasty Salads and Bowls, and the Anglo-Saxon-

inspired Fish and Chips. Desserts are among the most viral on TikTok, with croissants, colorful pastries, and eye-catching multilayered cakes. Beverages include the Speciality Lattes with soy, almond, oat, and coconut milk, and the non-alcoholic Mocktails that combine delicate flavors and a colorful aesthetic.

>> Piazza del Liberty, 4. >> Piazza Gae Aulenti, 3 it.elnlondon.com

Join EL&N everyday

for brunch, lunch

and dinner.

artisan coffee

and the best selling

patisserie .

## Milan is the home of the Aperitivo

**Aperitivo and Happy Hour** in the city are most definitely a ritual which no Milanese is prepared to forego

The Aperitivo, the beloved Milanese tradition of pre-dinner drinks, is accompanied by complimentary "stuzzichini" and an allyou-can-eat buffet. Spreads range from traditional olives, nuts, cheeses and potato chips to awesome pasta dishes, "bruschetta", cold cuts, crudités, raw fish and fruit salads. Generally, lasting for 3 hours from 6 to 9pm (though most people rarely get there until 7pm), the aperitivo scene has become an evening meeting for people of all ages. Cocktails - alcoholic or not - are expertly mixed and a Negroni, Negroni sbagliato (a delicious mix of prosecco, red vermouth and Aperol instead of gin) or a Spritz are Milanese specialities. Favourite beverages consumed during this beloved tradition in Milan include also the city's renowned Martini, Prosecco or Campari, accompanied by an all-you-can-eat buffet.

#### **TYPES OF VENUES**

A myriad of venues, ranging from the smallest bars to larger, uberchic locations situated in the heart of the city, organize this event. There are 3 types of venues: design bars, traditional bars (the places that have written Milan's history) and, the latest trend, all luxury hotel bars.

#### WHERE TO GO

There are endless aperitivo options. Several of the most famous are situated in Piazza Sempione or Corso Como and offer a stretch of great bars with a glam vibe where,





if you're lucky, you might run into a famous super-model or footballer. Others also worth note, featuring a more laid-back atmosphere, can be found in Brera or the Navigli area. A sign of a popular place are crowds of young people spilling out onto the streets with a drink in one hand and a plate in the other. Recently, even an aperitif in the CityLife Shopping District, under the archistar-designed towers, has become a trend among the Milanese and international guests. A stop at the Peck wine and cocktail bar is a must. A fabulous idea to relax at the end of a long day and the perfect opportunity to enjoy a fabulous cocktail paired with good food at affordable prices.

#### AFTER THE APERITIVO...

In fact, during aperitivo hour, people start thinking about where to go for dinner, in a city boasting a highly eclectic offer. There are three main areas dedicated to nighttime entertainment featuring a concentration of venues:

• Navigli District: an area characterized by places offering live music, patronized by artists, models, musicians and university students. Must-try options are its boat bars and the area's old

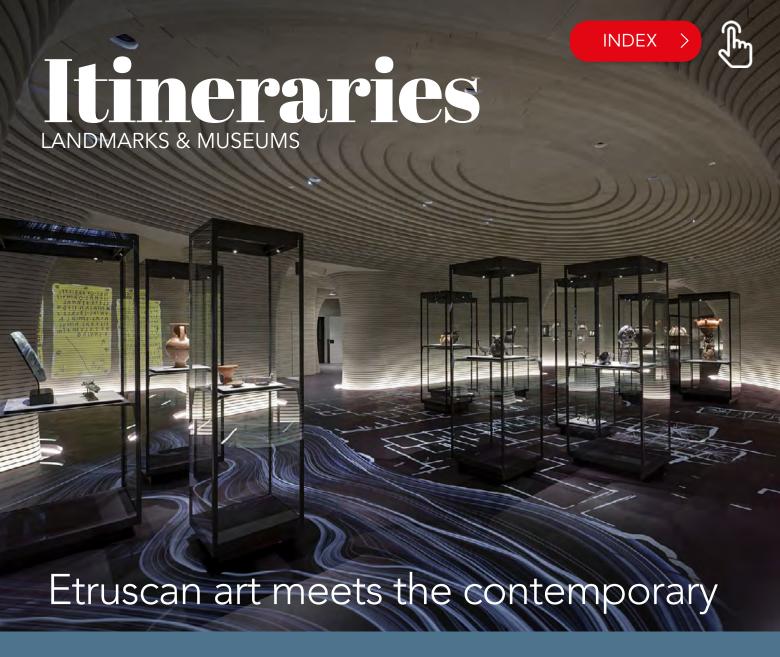
osterie where you can sample an array of wines, cold cuts and typical cheeses.

- Brera District: an historic area boasting a warren of characteristic venues offering live music and, believe it or not, fortune-tellers who are happy to predict your future for a small fee....
- Garibaldi district & Corso Como: this is Milan's most fashionable area by night, where not only will you find a bevy of pizzerie, restaurants, pubs and discotheques, but also possibly chance upon showbiz celebs and sports heroes.

#### INSIDER TIPS

Drink prices range from about 7-10 euros although several of the more luxe, upmarket places might ask as much as 15 euros. Not only will you be paying for a more lavish buffet but it will probably also serve as your ticket to VIP and celeb watching. Milan is the capital of cocktail hour snacking and practically ever bar and club in the city offers some kind of happy hour, competing to offer the most alluring pre-dinner scene in town.





Celebrating one year, the Luigi Rovati Foundation's cultural and exhibition center is a prestigious art jewel in town.

he new headquarters of the
Fondazione Luigi Rovati, in the historic
building in Corso Venezia 52 in front of
the Indro Montanelli Gardens, opened to the
public in September 2022. The foundation, a
scientific-cultural institution founded in 2016
and named after the doctor, researcher and
pharmaceutical entrepreneur Luigi Rovati,
goes beyond the traditional concept of a
museum, but aims to be a place for thought,
experimentation and sharing.

The complex, which underwent a major renovation started in 2017 by MCA-Mario Cucinella Architects, includes the garden with the Pavilion, the Lecture Hall, the Study Hall, the Johan&Levi Museum Shop, the Cafébistrot and the gastronomic restaurant of chef Andrea Aprea. The central element of the complex restoration of the Palazzo, consisting of seven floors, two of which are underground, is the creation of an underground museum housing the Luigi Rovati Foundation's Etruscan collection. The first floor, on the other hand, is designed as a museum space where contemporary works can be exhibited in dialogue with archaeological finds. The other floors of the building house the functions related to the museum's activities: the offices, the study room, the conference room, temporary exhibition spaces and storage for the collections.

>> Fondazione Luigi Rovati Corso Venezia, 52 www.fondazioneluigirovati.org



#### **LANDMARKS**

#### Duomo

Among one of the most important Gothic buildings in the world, the church, constructed on and off over a period of 450 years (begun 1386), is the symbol of Milan. www.duomomilano.it

#### Castello Sforzesco

The ancient seat of the ruling Visconti, it houses a number of interesting museums and libraries. www.milanocastello.it

#### Galleria Vittorio Emanuele II

The Galleria with its elegant, four-storey arcade, housing over 55 luxury cafés and famous designer shops, is covered by a glass barrel vault and a beautiful glass cupola.

#### **Last Supper**

One of the most famous attractions in the world, the "Cenacolo" by Leonardo da Vinci is a large century mural paintig in the refectory of the church of Santa Maria delle Grazie.

www.cenacolovinciano.net

#### Teatro alla Scala

Inaugurated 1778, it's a not to be missed destination for ballet and opera lovers. www.teatroallascala.org

#### Navigli

A widespread network of canals whose history is linked to the genius of Leonardo da Vinci.

One of the most vibrant districts in the city.

#### Porta Nuova

Milan's most futuristic urban space, redesigning both its skyline and character. A virtuous link with the Garibaldi and Isola districts: hi-tech stores, arcades, bookstores, cafés and the new green space "BAM Biblioteca degli Alberi".

#### St. Ambrose Basilica

One of the most ancient churches in Milan, it is a wonderful example of Romanesque style. www.basilicasantambrogio.it

#### San Maurizio al Monastero Maggiore

Known as the "Sistine Chapel of Milan", this church has an interior boasting some of the most beautiful frescoes in the city.

#### Cimitero Monumentale

A real outdoor museum catering works of art by famous sculptors of various eras. www.comune.milano.it

## MUSEUMS & EXHIBITION SITES

#### Ambrosiana Picture Gallery and Library

Works of art from the 15th through 17th centuries. The library contains one million books including manuscripts and prints, www.ambrosiana.it.

#### Gallerie d'Italia-Piazza Scala

Housed in three historic buildings, it hosts masterpieces of 19th and 20th century Italian art from the collections of Fondazione Cariplo and Intesa Sanpaolo. www.gallerieditalia.com

#### GAM | Galleria d'Arte Moderna

Inaugurated in 1921, it is above all a "nineteenth century museum" hosting mainly Italian and French works of art. www.gam-milano.com

#### Leonardo3 - The World of Leonardo

The exhibit allows visitors to appreciate the many sides of Leonardo da Vinci's technical and artistic production with interactive stations, fully functioning machines, unprecedented physical reconstructions, digital restorations and threedimensional reconstructions of his creations.

#### **MUDEC | Museum of Cultures**

A multi-disciplinary hub dedicated to cultures of the world with rooms hosting the museum's collection and temporary exhibitions, an auditorium, a bistrot, a design store, a cafeteria, a starred restaurant and a library. www.mudec.it

#### Museo del Design Italiano

Located on the ground floor of the Triennale Milano, it hosts a selection of the most representative pieces of Italian design from 1946 to 1981. www.triennale.org

#### Museo del Duomo

It houses and highlights all the material not presently in use in the Duomo, linked to its history and construction. museo.duomomilano.it

#### Museo del Novecento

It hosts more than 400 masterpieces of Italian and international modern art – ranging from Fontana to Picasso – at the Palazzo dell'Arengario. www.museodelnovecento.org

#### Museo di Storia Naturale

Home to valuable mineral, botanical and zoological collections. www.comune.milano.it  $\,$ 

#### Museo Nazionale della Scienza e della Tecnologia "Leonardo da Vinci"

Housed in a 16th century monastery, this is one of the most important museums of science and technology in the world. The museum hosts the Leonardo da Vinci Galleries, the largest permanent exhibition in the world dedicated to Leonardo da Vinci engineer and humanist, www.museoscienza.org

#### Museo Poldi Pezzoli

It houses a remarkable collection of Italian Renaissance masters and displays weapons, ceramics, glass, textiles, clocks, watches and jewellery. www.museopoldipezzoli.it

#### Museo San Siro

The first and only museum in Italy inside a Stadium, the San Siro Museum displays all kinds of historic items from two of the most successful Italian Football League clubs: A.C. Milan and F.C. Internazionale (Inter). www.sansiro.net

#### Palazzo Reale

One of the most important cultural centres in the city hosting exhibitions of international renown. www.palazzorealemilano.it

#### Pinacoteca di Brera

One of the most spectacular collections of art in Italy, it is located in the Neo-classical building of the same name which also houses other cultural institutions including the Braidense Library, the Astronomical Observatory, the Botanical Gardens, the Istituto Lombardo Accademia di Scienze e Lettere and the Academy of Fine Arts. pinacotecabrera.org

#### Prada Foundation

A space dedicated to innovative projects by contemporary artists, established by arts patron Miuccia Prada. www.fondazioneprada.org

#### Shoah Memorial of Milan

A unique commemorative place that honours the victims of the mass extermination also representing a "living educational memorial" where people can actively experience the tragedy of the Shoah. www.memorialeshoah.it

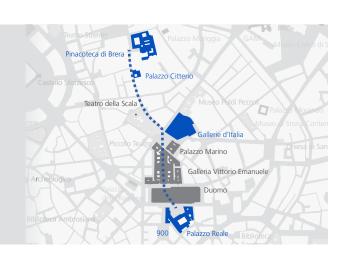
#### Triennale Milano

One of the most vibrant exhibition centres in the city, it owns the most important permanent collection of design works and has a superb media library on design, art and architecture. www.triennale.org

### Milan's Street of Art

The city of Milan is enriched by an **art circuit** featuring the city's three main museum hubs: the **Pinacoteca di Brera**, the **Gallerie d'Italia** in piazza della Scala and the civic complex consisting of **Palazzo Reale** and the **Museo del Novecento**.

An itinerary extending over **900 metres**, that can be crossed on foot in **just 15 minutes**, from via Brera to piazzetta Reale, cutting through piazza Scala and the Galleria Vittorio Emanuele II, which hosts an extraordinary part of our country's art history, thus making Milan a prestigious international art capital.





# Essentials MAPS & INFO



#### GETTING AROUND MILAN

#### ATM - Azienda Trasporti Milanesi -**Local Public Transport Company** -

Open daily 7.30am-7.30pm. www.atm.it. T: 02 48607607

#### **Lost and Found on ATM Vehicles:**

Mon-Fri 8.30am-4pm. Via Friuli, 30. T: 02 88453900. Ordinary ticket (2.20€) Valid for 90 minutes. Can be used on buses, trams or the metro

Day ticket (7.60€) Valid 24h.

Unlimited travel on buses, trams and the metro. **Three-day ticket (13€)** Valid for 3 consecutive days from the day of the first validation until the end of the service on the third day.

Unlimited travel on buses, trams and the metro. Check rates for the extra-urban subway. https://nuovosistematariffario.atm.it/en/

Where to buy your ticket: from all authorized ticket sellers, ATM POINTs (Duomo M1-M3, Centrale M2-M3, Cadorna M1-M2, Garibaldi M2-M5, Loreto M1-M2, Romolo M2), and automatic ticket vendors.



>> Today you can pay for subways, buses, trams and trolleybuses with credit cards, cash cards, watches or smartphones. Without commissions. Remember to use the same device or

contactless card for each journey you make travelling by metro, both when entering and leaving the station. You just need to show the card or the device that you used. All our ticket controllers are equipped with a digital device that verifies the transaction and makes sure the passenger is eligible to travel.

#### • EUROPEAN EMERGENCY NUMBER, 112

112 is the unique European Emergency Number created to provide all European citizens with a single number: Ambulance, Firefighters, Police.

• PASSPORTS Ouestura di Milano. via Fatebenefratelli, 11. T: 02 62261

#### **Tourist Information**

#### INFOPOINT - TOURIST OFFICE OF MILAN Piazza Duomo, 14

Multilingual tourist assistance and information: free distribution of maps and brochures. T: 02 88455555. Open Mon-Fri 10am-6pm; Sat, Sun and holidays 10am-1pm.

#### YESMILANO TOURISM SPACE-CAMERA DI COMMERCIO & COMUNE DI MILANO Palazzo Giureconsulti - Via dei Mercanti 8

A highly-digital environment created to "immerse" visitors into a multi-sensory and technological experience. T: 02 85155931. Open Mon-Fri 10am-6pm: Sat, Sun and holidays 1.30pm-6pm. www.yesmilano.it

infotourist@comune.milano.it

#### **Trains**

#### TRENITALIA

National Railway Company Info T: 892021. www.trenitalia.com Milan offers fast-track access to major cities across Italy thanks to its high-speed trains.

• Turin: 55 min • Bologna: 1 hour • Florence: 1 hour 40 min • Venice: 2 hours 35 min • Rome: 2 hours 55 min • Naples: 4 hours 15 min

For more info about the Italy-Switzerland railway connections: www.trenitalia.com or www.ffs.ch.

#### ITALO

High Speed Rail. Info T: 060708. Italo Assistance T: 892020. www.italotreno.it

#### TRENORD

Malpensa Express - Regional & Suburban Railway. Info T: 02 72494949. Mon-Sun 7am-9pm www.trenord.it. The MALPENSA EXPRESS (www.malpensaexpress.it) links the centre of Milan with the intercontinental hub at Malpensa Airport (Terminal 1 & Terminal 2) with 146 trains a day, between 4.27am and 00.20am. 68 trips to and from **Milano Centrale** (also stopping at Milano Porta Garibaldi) and 78 to and from Milano Cadorna

#### **Airports**

#### MILANO MALPENSA (MXP)

(45 km from the centre of Milan - A8 direction Varese). Flight and bus info T: 02 232323. www.milanomalpensa-airport.com

#### • Connection to Milano Malpensa

Bus > from the Central Station (Stazione Centrale, corner Piazza IV Novembre). Travel time 50'. Air Pullman (www.malpensashuttle.com) Ticket € 10. T: 02 58583185: Terravision (www.terravision.eu) € 8; Autostradale (www.autostradale.it) Ticket € 8. T: 02 72001304. Train > from the Central Station (Stazione Centrale). Travel time 50' ca. It is possible to reach Malpensa also from the Garibaldi FS Station. Ticket € 13. www.trenitalia.com Train > from Cadorna Station. Travel time 40' ca. Trenord (www.malpensaexpress.it). Ticket € 13. (www.trenord.it). T: 02 72494949.

#### MILANO LINATE (LIN)

(6 km from the centre of Milan). Flight information 24h-24h T: 02 232323 (call center). www.milanolinate-airport.com

#### ORIO AL SERIO (BGY)

(45 km from the centre of Milan – A4 direction Bergamo). Flights and bus info 24h-24h. T: 035 326323. www.milanobergamoairport.it

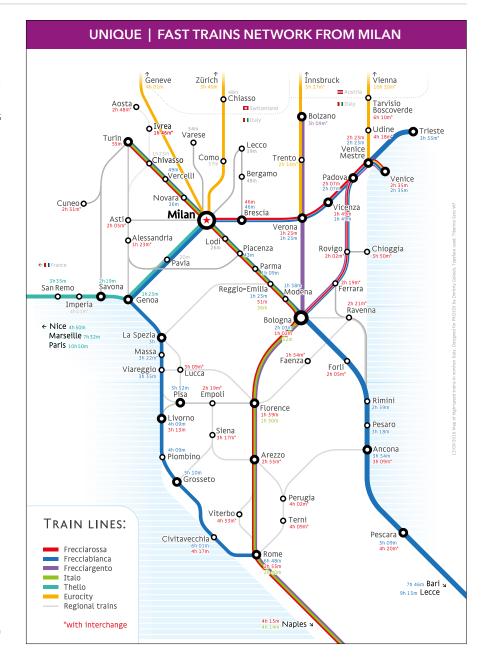
#### • Connection to Orio al Serio-Bergamo

Bus from the Central Station (Stazione Centrale, corner Piazza Luigi di Savoia). Travel time 60'. Orioshuttle (www.orioshuttle.com). T: 035 330706; Autostradale (www.autostradale. it). T: 035 322915; Terravision (www.terravision.eu) Ticket € 5



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#### Street markets (see map page 46)

#### 1. FIERA DI SINIGAGLIA STREET MARKET-

www.fieradisinigaglia.it Ripa di Porta Ticinese (from via Paoli to via Bersanti)

#### 2. NAVIGLIO GRANDE ANTIQUE MARKET -

Naviglio Grande, from the Darsena to the bridge in via Valenza. M2 Porta Genova FS.

#### 3. MERCATINO FILATELICO (STAMPS AND COINS)

Via Armorari, Via Cordusio, Via C. Cantù, Galleria Cordusio, M1 Cordusio, M1- M3 Duomo,

#### 4. VIALE PAPINIANO STREET MARKET

Viale Papiniano. M2 Sant'Agostino.

#### 5. ANTIQUE AND SECOND-HAND **BOOK MARKET**

Piazza Diaz M1-M3 Duomo

#### 6. CASCINA CUCCAGNA

www.cuccagna.org Via Cuccagna, corner of via Muratori.

#### 7. EAST MARKET

www.eastmarketmilano.com Via Mecenate, 84

#### 8. MERCATINO ANTIQUARIATO E BROCANTAGE DI BRERA

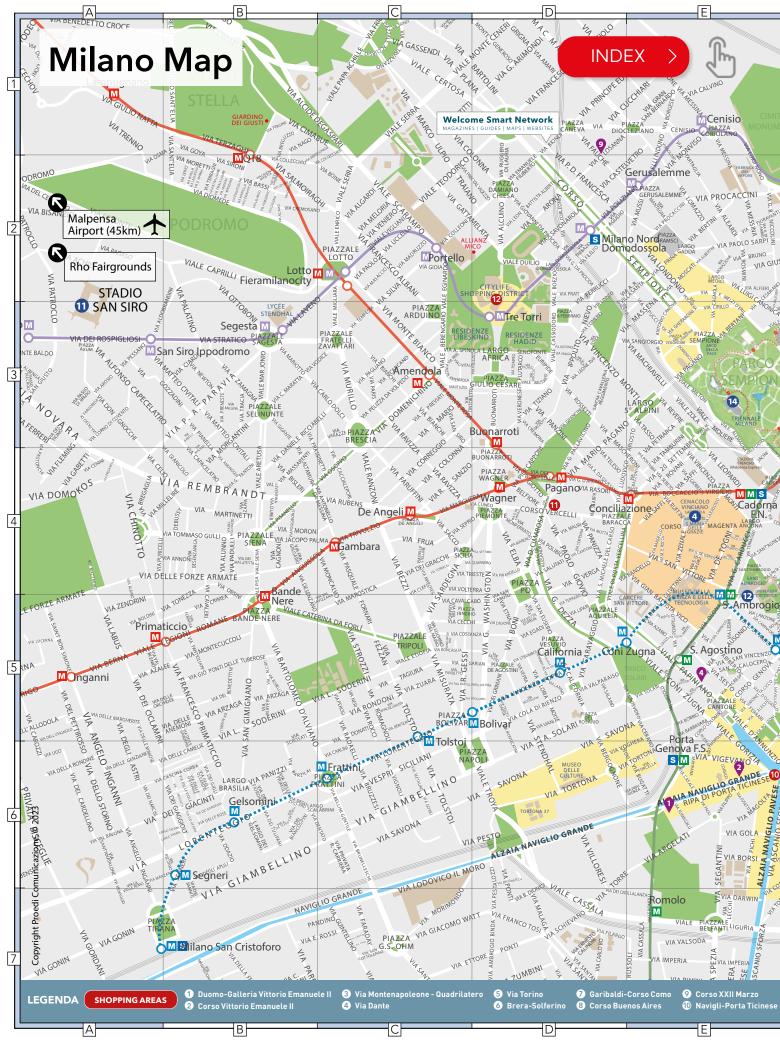
Via Fiori Chiari-via Madonnina via Formentini. M2 Lanza.

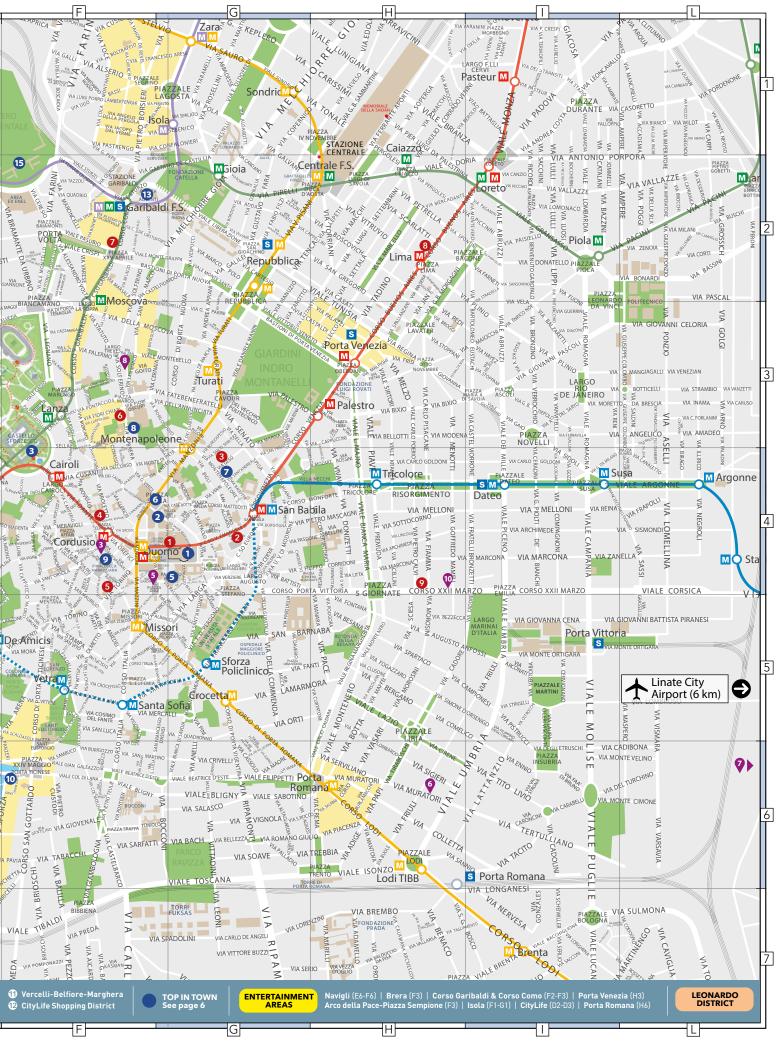
#### 9. VIA FAUCHÉ STREET MARKET

Via Fauché, M5 Domodossola,

#### 10. MERCATO DEL SUFFRAGIO

Corso XXII Marzo





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B&B Hotels Portello – Via G. Silva, 12

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Belstay Milano Linate – Via Bruno Buozzi, 2. Peschiera Borromeo (MI)

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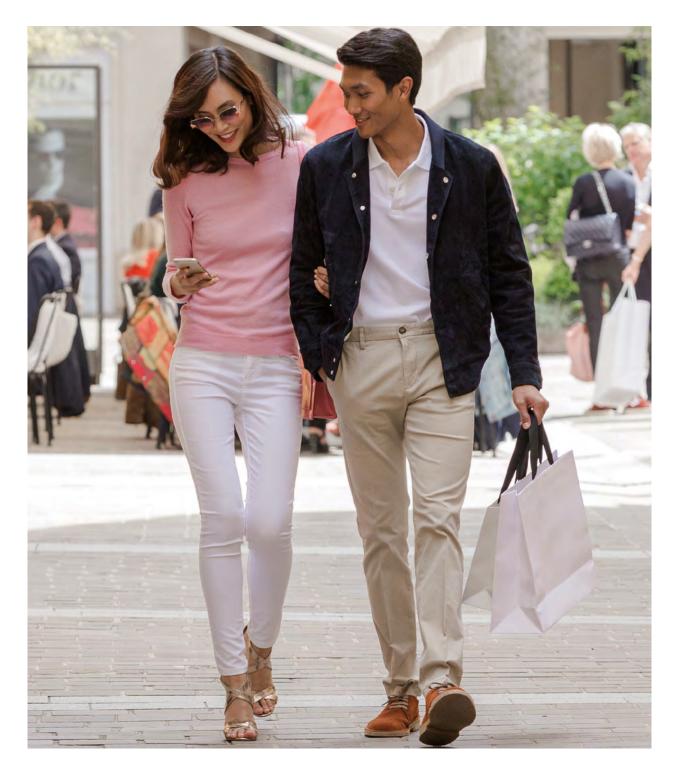
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